

Chinese-American Family Alliance For Mental Health P.O. Box 918, New York, NY 10002 www.cafamh.org

CAFAMH Leaders of Tomorrow Program

The CAFAMH Leaders of Tomorrow Program is a prestigious volunteer program for students and young professionals who are interested in psychology, social work, or other related fields. The program aims to mentor talented students and young professionals interested in the mental health needs of the underserved immigrant Chinese community.

Title: Crisis Assistant Volunteer

Qualifications:

- Demonstrated ability to work independently, manage time effectively, and proactively problem solve in crisis situations.
- Knowledge of mental health issues in the Chinese community.
- Ability to work flexible hours, including some evenings and weekends.
- A Bachelor of Arts or Science in psychology, social work, or related field is preferred.
- Fluency in English and Chinese is required; Mandarin, Cantonese, or Fuzhounese is preferred.

Responsibilities:

- Provide crisis and short-term language interpretation assistance in-person or over the phone to caregivers of individuals with a mental illness diagnosis.
- Facilitate communication between family members and service providers from different cultures and socioeconomic backgrounds.
- Plan and coordinate case management services in-home or on-site to help caregivers identify and enroll in social services and to promote self-advocacy skills.
- Prepare and maintain accurate documentation as required by current or future funding initiatives.

Supervision:

- Individual supervision is provided once a month or on an as-needed basis by a Masters or Doctorate level professional.
- Reports to Director of Crisis Management.

Requirements:

 Regular attendance at family support group meetings, board meetings, and subcommittee meetings as scheduled.

Benefits:

- Field supervision and training in medical interpretation and crisis management.
- Gain experience in grassroots advocacy, working in a community-based organization, and navigating health systems.
- Develop time management, listening, and problem solving skills.
- Opportunities for professional development and networking at various levels, including but not limited to, managers and leaders in the healthcare and human services industry.