

# Chinese Community Resource Guide

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Chinese-American Family Alliance  
For Mental Health



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# Resource Guide Tip Sheet

*In case of emergency, please call 911 immediately.*

## **1. Refer to the guide:**

You can identify agencies providing the services you need according to location, program description, and language capacity.

## **2. Before you call the agency:**

- a. Make sure to have important documents and a pen with you. The agency may need your insurance card, medication list, treatment record, etc.
- b. Write down why you are calling, what do you need, and any questions you may have.

## **3. During the call:**

- a. Be prepared that the person who answers your call does not speak Chinese. To access language interpretation services in Chinese, please tell the staff person “Cantonese” or “Mandarin” in English and wait for an interpreter. Often they will put you on hold. Do not hang up!
- b. Tell the staff member or interpreter the purpose you are calling. Take down the name of the person you spoke with and how and when he or she will get back to you.
- c. If you reach the agency’s voicemail, leave a message slowly and clearly with your name and telephone number. Repeat your name and number twice.

## **4. Follow up as needed:**

If you do not hear back from the agency in two business days, call again.

*Please share your tips with us! We are always looking to improve and collaborate with the community. Please feel free to contact us at 929-367-8886 or [cafamhny@gmail.com](mailto:cafamhny@gmail.com)*

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# Social Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Access-A-Ride	(877) 337-2017 <a href="http://mta.info/nyc/paratran/guide.htm">mta.info/nyc/paratran/guide.htm</a>	Individuals who are mass- transportation disabled.	Vans will transport eligible individuals door-to-door anywhere in the five boroughs of New York City. Advance reservations, shared ride, some restrictions. One to two days needed for advance reservation riders. Must call the toll free number provided for info or to apply.
Advocates for Children of New York, Inc.	151 West 30th St. 5th Floor New York, NY 10001 (866) 427-6033 (212) 947-9779 Monday - Thursday: 10 :00 AM - 4:00 PM <a href="http://www.adovacatesforchildren.org">www.adovacatesforchildren.org</a>	Birth - 26 for low-income	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals.
Archdiocese of NY Catholic Charities	1011 First Ave. 12th Floor New York, NY 10022 (800) 566-7636 (212) 419-3700 <a href="http://catholiccharitiesny.org/">http://catholiccharitiesny.org/</a>	Individuals and families in need of assistance pertaining to immigration	General immigration drop-ins accepted every Thursday (except holidays) from 8:30am - 11:00am. Please call in advance to confirm. Also provides services for unaccompanied minors.
Asian Americans For Equality, Inc.	108 Norfolk Street New York, NY 10002 (212) 979-8381 Monday - Friday: 9:00 AM-5:00 PM <a href="mailto:askaafe@aafe.org">askaafe@aafe.org</a> <a href="http://www.aafe.org">www.aafe.org</a>	All	Asian Americans for Equality, Inc. (AAFE) is a community-based, not-for-profit organization committed towards community service and empowerment targeting immigrants, low-income families, and minorities throughout New York City. The array of programs offered by AAFE encompasses the organization's comprehensive approach to community development through:

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
			<ul style="list-style-type: none"> <li>• Affordable housing development</li> <li>• Small business assistance and homeownership</li> <li>• Property management</li> <li>• Services to emerging communities</li> <li>• Housing, social, and legal services</li> <li>• Access to technology</li> <li>• Public policy and advocacy.</li> </ul> No fees.
	AAFE Community Center for seniors 111 Norfolk Street New York, NY 10002 (212) 358-9922	All	
	111 Division Street New York, NY 10002  Community Development Fund & Community Homes (212) 964-2288 Housing & Immigration Services (212) 979-8988	All	
	Stanton Norfolk, Inc. Inc. 141 Norfolk Street New York, NY 10002 (212) 477-2265	All	
	AAFE QUEENS 133-04 39th Avenue Flushing, NY 11354 (718) 961-0888	All	
	Community Homes Housing Development Fund 2 Allen Street New York, NY 10002 (212) 964-2288	All	

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	(212) 964-6022 <a href="mailto:Info@communityhomeshdfc.org">Info@communityhomeshdfc.org</a> AAFE Brooklyn 807 48th Street Brooklyn, NY 11220 (718) 686-8223	All	
Asian Women's Christian Association	Renaissance Economic Development Corporation 9 Genesee Avenue Teaneck, NJ 07666 (201) 862-1665 Monday - Friday: 9 AM-5 PM <a href="mailto:awca.nj@verizon.net">awca.nj@verizon.net</a> <a href="http://www.awcanj.org">www.awcanj.org</a>	All	The Asian Women's Christian Association (AWCA) is a nonprofit organization operated by funds raised through grants, charity events and donations. AWCA provides outreach, behavioral health, social welfare, health awareness, educational, and senior services for Asian Americans. Fees are based upon a sliding scale
Benefits Plus Learning Center	633 Third Ave 10th Floor New York, NY 10017 (212) 614-5338 (212) 614-5473 <a href="http://benefitsplus.cssny.org">http://benefitsplus.cssny.org</a>	Individuals and families who have questions or need benefits counseling	Benefits counseling and information and referral regarding SSI, SSDI, Food Stamps, Medicaid, cash assistance, Medicare and more. Assistance by phone or by appointment only. No walk-ins.
Big Brother Big Sisters of NYC/ New American Partnership	40 Rector Street 11th Floor New York, NY 10006 (212)686-2042 <a href="mailto:help@bigsnyc.org">help@bigsnyc.org</a> Diego Romero our Director of Community Outreach at <a href="mailto:dromero@bigsnyc.org">dromero@bigsnyc.org</a> <a href="http://www.bigsnyc.org">www.bigsnyc.org</a>	Adolescents (teenagers), Children (pre-teen), Immigrants	Big Brothers Big Sisters of New York City began in 1904 as the first formalized mentoring program in the United States. The New American program is unique at matching mentors with children of immigrant families to form a one-to-one relationship. This initiative is designed to address the needs of children and youth ages 7 to 17 who are adapting to a new culture, language, and customs.
Borinquen Plaza Senior Center	80 Seigel Street, Brooklyn, NY 11206 (718) 782-6335 Monday - Friday: 8:00 AM-4:00 PM	Older adults age 60 +	The Borinquen Plaza Senior Center's primary goal is to enhance the wellbeing of community residents who are 60 years of age or older. The center serves breakfast and lunch Monday to Friday. Homebound seniors are able to receive nutritious meals through the center. Lectures and

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			discussions are also offered on various health topics. Membership card fee at no cost. Breakfast is 75 cents, and lunch \$1.25
Brooklyn Chinese-American Association	5000 8th Avenue Brooklyn, NY 11220 (718) 438-0008 Monday - Friday: 8:00 AM-5:00 PM  <a href="http://www.bca.net">www.bca.net</a>	All	The Brooklyn Chinese-American Association is a multi-human services and community development organization servicing the Asian American population in Brooklyn. It offers: <ul style="list-style-type: none"> <li>• Social services with government on-site interviews, senior citizen services</li> <li>• Community and client advocacy</li> <li>• Group and family day care services</li> <li>• Multi-youth services</li> <li>• Public school parents and teachers advisory board</li> <li>• MR/DD services</li> <li>• Adult and senior employment programs</li> <li>• ESOL and citizenship programs</li> <li>• Crime prevention and victims services</li> <li>• Community economic development and housing development projects</li> <li>• Brooklyn Chinese Monthly Newspaper</li> <li>• Other community affairs programs.</li> </ul>
	Avenue U Senior Citizens Center 2072 East 15th Street Brooklyn, NY 11229 (718) 339-9588	Older adults age 60 +	
	Bensonhurst Senior Center 5006 8th Avenue Brooklyn, NY 11220 (718) 438-0678 (718) 438-0008	All	
	Community Activity Center 5007 7th Avenue Brooklyn, NY 11220 (718) 438-9312	All	
	Day Care Center	Youths	



AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	5002 8th Avenue Brooklyn, NY 11220 (718) 438-4136 (718) 438-0008		
	Other Branches 6809 20th Avenue Brooklyn, NY 11204 (718) 331-3088	Older adults age 60 +	
	Sixth Avenue Senior Center 545 60th Street Brooklyn, NY 11220 (718) 567-9311	Older adults age 60 +	
	Sunset Park Senior Citizens Center 5007 7th Avenue Brooklyn, NY 11220 (718) 436-6702	Older adults age 60 +	
CAA AV	55 Hester Street, Storefront New York, NY 10002 (212) 473-6485 <a href="mailto:justice@caaav.org">justice@caaav.org</a> <a href="http://www.caaav.org">www.caaav.org</a>	Tenants in Chinatown area who are facing eviction and violence	CAAAV: Organizing Asian Communities (also known as Committee Against Anti-Asian Violence) focuses on institutional violence that affects immigrant, poor and working class communities such as worker exploitation, concentrated urban poverty, police brutality, Immigration Naturalization Service detention and deportation, and criminalization of youth and workers. No fees.
CAMBA	1720 Church Avenue, 2nd Floor Brooklyn, NY 11226 (718) 287-2600 Monday - Friday: 9:00 AM - 5:00 PM  <a href="mailto:info@camba.org">info@camba.org</a> <a href="http://www.camba.org">www.camba.org</a>	All	CAMBA is a nonprofit agency that offers integrated programs in six different areas: <ul style="list-style-type: none"> <li>• Economic Development</li> <li>• Education &amp; Youth Development</li> <li>• Family Support Services</li> <li>• HIV/AIDS Services</li> <li>• Housing Services &amp; Development</li> <li>• Legal Services.</li> </ul>



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			No fees.
Center for Independence of the Disabled in New York (CIDNY)	841 Broadway Suite 301 New York, NY 10003 (212)674-2300 <a href="mailto:info@cidny.org">info@cidny.org</a> <a href="http://www.cidny.org/">http://www.cidny.org/</a>	Persons with all disabilities and their families	Benefits counseling, information and referral for SSI, SSDI, Food Stamps, Public insurance and other public benefits. Advocacy with appeals, hearings, guardianship issues. Building is wheelchair accessible.
Chinatown Headstart Corporation	180 Mott Street New York, NY 10012 (212) 226-5000 (212) 226-5001 Monday - Friday: 8:30AM-4:00 PM <a href="mailto:chinaheadstart@aol.com">chinaheadstart@aol.com</a>	Children, Immigrants	Chinatown Head Start provides child development services for children ages 3 to 5 years old. Lunch and snack are provided daily. New York State certified bilingual teachers ensure that children can grow and learn through participation in different activities in a warm, supportive and nurturing environment. No fees.
Chinatown Manpower Project, Inc.	70 Mulberry Street, 3rd Floor New York, NY 10013 (212) 571-1690 Monday -Friday: 9:00 AM-5:00 PM <a href="mailto:info@cmpny.org">info@cmpny.org</a> <a href="http://www.cmpny.org">www.cmpny.org</a>	Adolescents, Adults, Immigrants, Refugees	The Chinatown Manpower Project (CMP) provides comprehensive employment services, ESL classes, educational and literacy programs, economic development services, and vocational training including: computerized bookkeeping and accounting, basic office technology, and computer operation. Vocational English, pre-employment, and job search skills are integrated in each course offering. The Business Outreach Center provides entrepreneurial training, business consultation and technical assistance. Fees varies according to program.
Chinatown YMCA	273 Bowery Street New York, NY 10002 (212) 912-2460 Monday - Friday: 6:00AM-11:00 PM Saturday: 7:00 AM-9:00 PM Sunday: 7:00 AM-8:00 PM Family Support Program: Monday - Friday: 9:00 AM-7:00 PM	All	The Chinatown YMCA is a communitybase organization, offering programs in education, health, sports, and recreation with a focus on youth. Youth programs include: homework help, tutoring, afterschool activities, teen programs, athletic leagues, recreation, childcare, and summer and holiday day camps. Family counseling and support services, parenting classes, health screening and education, teen ESL classes, and seasonal special adult programs are

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	<a href="mailto:chinatown@ymcanyc.org">chinatown@ymcanyc.org</a> <a href="http://www.ymcanyc.org/chinatown">www.ymcanyc.org/chinatown</a>		also offered. Fee varies according to program; financial assistance available
Chinese Christian Herald Crusades	156-03 Horace Harding Expressway Flushing, NY 11367 (718) 359-2030 Monday-Friday: 10:00 AM - 6:00 PM  <a href="mailto:missioncenter@cchc.org">missioncenter@cchc.org</a> <a href="http://www.cchc.org">www.cchc.org</a>	All	The Chinese Christian Herald Crusades (CCHC) serves the Chinese community in the metropolitan New York area and provides social services including: walk-in translation services; free legal consultation for immigration, tenant, and landlord issues; counseling services; adult English classes; an afterschool program; a senior center; a music center; classes in arts and crafts, reflexology; a newspaper; and an upstate New York summer camp ministry. Workshops and special programs such as SAT preparation classes are occasionally offered. Fees vary.
Chinese Consolidated Benevolent Association	62 Mott Street New York, NY 10013 (212) 226-6280 Monday -Sunday: 10:30 AM-6:00 PM <a href="mailto:ccbany@yahoo.com">ccbany@yahoo.com</a> <a href="http://www.ccbany.org">www.ccbany.org</a>	Adults, Children, Immigrants	The Chinese Consolidated Benevolent Association (CCBA) addresses the needs of the immigrant Chinese American community with information and referral services. The Association organizes cultural and social festivals and activities. The New York Chinese School and Adult English Classes are separate programs affiliated with CCBA and located in the same building. Fees Only for the Chinese School, Day Care Center, and Adult English classes; vary according to the program
Chinese Methodist Center Corporation	69 Madison Street New York, NY 10002 (212) 349-2703 (212) 349 - 1583 Monday - Friday: 9:00 AM-6:00 PM <a href="mailto:cmcc@cumc-nyc.org">cmcc@cumc-nyc.org</a> <a href="http://chinesemethodistcentercorp.webs.com">http://chinesemethodistcentercorp.webs.com</a>	Adolescents, Adults, Children, Immigrants	The Chinese Methodist Center Corporation (CMCC) serves as a center for education, counseling, culture, recreation, and service for the metropolitan New York Chinese community. Specific programs include: <ul style="list-style-type: none"> <li>• Day care, afterschool programs, and Chinese language classes for children</li> <li>• Youth programs for teens</li> <li>• ESL classes for new immigrants</li> <li>• Summer day camp for 5 to 13 year olds.</li> </ul> Fees vary according to program

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Chinese Progressive Association	230 Grand Street - Suite 504 New York, New York 10013 (212) 274-1891 Monday-Thursday: 10:00 AM-6:00 PM <a href="mailto:cpanyc@cpanyc.org">cpanyc@cpanyc.org</a> <a href="http://www.cpanyc.org">www.cpanyc.org</a>	All	The Chinese Progressive Association is an advocacy, education, and social services organization serving the Chinese community in New York City. Programs include: Counseling, advocacy, immigrant rights education, voter education, english and citizenship classes, environmental health project,youth afterschool programs,social/recreational activities. New members and volunteers are welcome. Fees vary according to program; call for more information
Chinese Staff and Workers' Association	345 Grand Street, Unit 1W Ground Floor New York, NY 10002 P.O. Box 130401 New York, NY 10013 (212) 334-2333 Monday-Friday: 11:00 AM-7:00 PM Intake Hours: Monday, Wednesday, Friday: 12:00 PM-5:00 PM  <a href="mailto:cswa@cswa.org">cswa@cswa.org</a> <a href="http://www.cswa.org">www.cswa.org</a>	Adults, Immigrants	The Chinese Staff and Workers' Association provides comprehensive programs for the immigrant Chinese community, which address living and working conditions, job equality, and employee health and safety. The Association's organizing and educational programs are: Beyond Ground Zero network, Occupational Health and Safety Project, Garment Workers' Committee, Women's Project, Chinese Construction Workers' Association, Restaurant Workers' Committee, English and citizenship classes. Membership Fee \$30/year
Chinese-American Family Alliance for Mental Health/CAFA MH	Monthly meeting location: 168 Centre Street 3rd floor, New York, NY 10013 (at the corner of Canal St.) (929)367-8886 Meeting every fourth Tuesday of the month <a href="mailto:cafamhny@gmail.com">cafamhny@gmail.com</a> <a href="http://www.cafamh.org">http://www.cafamh.org</a>	Family members for people with mental illness	Chinese-American Family Alliance for Mental Health (CAFAMH) seeks to promote self-empowerment and mutual support among Chinese-American caregivers of mentally ill individuals by providing a safe space for family support group meetings. Usually every fourth Tuesday of the month, CAFAMH holds family support group meetings in Cantonese and Mandarin. Our meetings provide a safe space for caretakers to connect and learn about different health topics led by our mental health professionals. Other services, including special and festive events, and online newsletter.

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Chinese-American Planning Council	150 Elizabeth Street New York, NY 10012 (212) 941-0920 Monday-Friday: 9:00 AM-6:00 PM <a href="mailto:cpc@cpc-nyc.org">cpc@cpc-nyc.org</a> <a href="http://www.cpc-nyc.org">www.cpc-nyc.org</a>	All	The Chinese-American Planning Council (CPC) provides a wide variety of services falling under the following categories: Employment and training, day care services, multi-social services, senior citizen services, youth services, cultural arts. These programs aim to improve the quality of life among both new immigrants and established Asian Americans. Fees vary according to program
	Brooklyn Community Services/Multi-Social Services 4101 8th Avenue 4th & 5th Fl Brooklyn, NY 11232 (718) 492-0409 <a href="https://cpc-nyc.org/programs/cpc-brooklyn-community-center">https://cpc-nyc.org/programs/cpc-brooklyn-community-center</a>	All	The Brooklyn Community Center serves the Sunset Park area of Brooklyn and surrounding areas and offers senior services, multi-social services and a wide range of youth and workforce activities.
	Brooklyn Senior Services 4101 8th Avenue 4th & 5th Fl Brooklyn, NY 11232 (718) 492-0409 <a href="https://cpc-nyc.org/programs/senior-services-cpc-brooklyn-branch/brooklyn-senior-program-gmhi">https://cpc-nyc.org/programs/senior-services-cpc-brooklyn-branch/brooklyn-senior-program-gmhi</a>	Older adults age 55 +	Our current services include the Geriatric Mental Health Initiative (GMHI), which provides screening tools, supportive counseling, case management and presentations for seniors as well as health education workshops. We also host a variety of traditional and modern activities that are both engaging and stimulating for seniors. Activities include singing and dancing, Tai Chi, arts and crafts, computer classes, ESL class, gardening, Bingo, holiday events, field trips and tea talks.
	Chinatown Senior Citizen Center 70 Mulberry Street New York, NY 10013 (212) 233-8930 (212) 233-8930 <a href="https://cpc-nyc.org/programs/senior-services/chinatown-senior-citizen-">https://cpc-nyc.org/programs/senior-services/chinatown-senior-citizen-</a>	Older adults age 60 +	The Chinatown Senior Citizen Center provides lunches, case assistance, field trips, physical exercise, recreational and educational classes for seniors. Health workshops are also provided monthly.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<p><u>center</u></p> <p>Manhattan Hotel Services Careers Program 165 Eldridge Street 2 FL New York, NY 10002 (212)-941-0041 <a href="https://cpc-nyc.org/programs/workforce-development-cpc-queens-branch/hospitality-careers-training-program">https://cpc-nyc.org/programs/workforce-development-cpc-queens-branch/hospitality-careers-training-program</a></p>	Students	<p>The Hospitality Careers Training Program employs a variety of strategies for student employment in a range of positions, such as Room Attendants, Housemen and Kitchen Stewards. Students gain a meaningful insight into the ever-changing landscape of the hotel industry as well as:</p> <ul style="list-style-type: none"> <li>• Free career training</li> <li>• Skill development and instruction from industry experts</li> <li>• Resume and interview workshops</li> <li>• Application screenings for employers</li> <li>• Job retention and workplace etiquette</li> <li>• Job referrals and placement assistance</li> <li>• Post-hire support and follow-up</li> </ul>
	<p>Nan Shan Senior Center 136-18 39th Avenue, 6th Floor Flushing, NY 11354 (718) 358-3030 <a href="https://cpc-nyc.org/programs/senior-services-cpc-queens-branch/nan-shan-senior-center">https://cpc-nyc.org/programs/senior-services-cpc-queens-branch/nan-shan-senior-center</a></p>	Older adults age 60 +	<p>The Nan Shan Senior Center in Flushing provides seniors ages 60+ with lunch, ESL classes, culture and art programs, education, health management, exercise classes as well as health and nutrition seminars and case assistance.</p>
	<p>Open Door Senior Center 168 Grand Street New York, NY 10013 (212) 431-9026 (212) 431-9026 <a href="https://www.nyconnects.ny.gov/services/cpc-project-open-door-neighborhood-senior-center-sofanyp1046">https://www.nyconnects.ny.gov/services/cpc-project-open-door-neighborhood-senior-center-sofanyp1046</a></p>	Older adults age 60 +	<p>Congregate meals, activities and recreation, information and referrals, health screenings for residents 60 years old and older. This site also offers transportation services</p>
	<p>Queens Branch Office 133-14 41st Avenue, Flushing, NY 11355</p>	All	

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<p>(718) 358-8899</p> <p>Senior Community Service Employment Program (SCSEP) 136-18 39th Avenue, 8th Floor Flushing, NY 11354 (718) 358-8899 <a href="https://cpc-nyc.org/programs/senior-services-cpc-brooklyn-branch-cpc-queens-branch/senior-community-service-employment">https://cpc-nyc.org/programs/senior-services-cpc-brooklyn-branch-cpc-queens-branch/senior-community-service-employment</a></p>	<p>Participants must be at least 55, unemployed and have a family income of no more than 125% of the federal poverty level.</p> <p>Enrollment priority is as follow:</p> <ul style="list-style-type: none"> <li>Veterans and qualified spouses</li> <li>Individuals who are over 65</li> <li>Have a disability</li> <li>Have low literacy skill</li> </ul>	<p>CPC SCSEP participants gain work experience in a variety of community service activities at non-profit and public facilities, including schools, hospitals, day-care centers and senior centers. Participants work an average of 20 hours a week and are paid the highest of federal, state or local minimum wage. This training serves as a bridge to unsubsidized employment opportunities for participants.</p>
	<p>Workforce Development Division 150 Elizabeth St. New York, NY 10012New York, NY 10013</p> <p>(212) 941-0041 <a href="https://cpc-nyc.org/programs/workforce-development">https://cpc-nyc.org/programs/workforce-development</a></p>	<p>All</p>	<p>The primary mission of this program is to provide advanced services, skill upgrades, and employment related resources to individuals who are motivated to advance their careers. CPC's education, training, placement, and post placement support service methods are characterized by its highly individualized and goal-oriented approach.</p>
	<p>Youth Services-Project Reach 39 Eldridge Street, 4th Fl. New York, NY 10002 (212) 966-4227 <a href="https://cpc-nyc.org/programs/youth-services/project-reach">https://cpc-nyc.org/programs/youth-services/project-reach</a></p>	<p>Youth</p>	<p>Main Programs and Initiatives Include:</p> <p>Substance Abuse Training: Teen Intervene (an early intervention program providing 1-on-1 drug and alcohol counseling for students 12-19 years old who attend our in-house programs, our workshops and training series and identity-specific support groups (LGBTQ, young women, young men)</p> <p>Drug Abuse Training: Project Towards No Drug Abuse (a 12-session, motivation-decision-making workshops for high school-aged youth participants)</p>

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			Life Skills Training: a 10-unit early intervention training for middle and high school-aged youth participants
Coalition for Asian American Children and Families	50 Broad Street, 18th Floor New York, NY 10004 (212) 809-4675 Monday-Friday: 9:00 AM-5:00 PM Weekends by appointment <a href="mailto:cacf@cacf.org">cacf@cacf.org</a> <a href="http://www.cacf.org">www.cacf.org</a>	Adolescents, Children, Families, Immigrants	The Coalition for Asian American Children and Families is an advocacy organization striving to ensure that all families have access to quality, culturally appropriate children's services. Initiatives include: Training for service providers, community education, recommendations and reports on the needs of Asian American children, parent advocacy group. Key advocacy areas include child abuse/neglect prevention, education, mental health, and afterschool programs. No fees
Cooley's Anemia Foundation	330 7th Avenue, #200 New York, NY 10001 (800) 522-7222 Monday-Friday: 9:00 AM-5:00 PM  <a href="mailto:info@cooleysanemia.org">info@cooleysanemia.org</a> <a href="http://www.thalassemia.org">www.thalassemia.org</a>	Adolescents, Adults, Children, Families, Immigrants	The Cooley's Anemia Foundation (CAF) is dedicated to serving people afflicted with various forms of thalassemia, Cooley's anemia or thalassemia major. CAF works to educate those in the Asian community about thalassemia and thalassemia trait, especially those who are thinking about having a child. CAF also has an extensive patient services program that provides physician referrals, helps patients with insurance issues, keeps patients up-to-date on recent developments and advocates with the public and elected officials on behalf of the thalassemia community. No fees.
Early Childhood Direction Center (ECDC) at New York Presbyterian	409 E. 60th St. Suite 3-312 New York, NY 10022 (212) 746-6175 Monday - Friday: 9:00 AM - 5:00 PM <a href="mailto:ecdc@nyp.org">ecdc@nyp.org</a>	Children ages 0-5 with diagnosed or suspected special needs	Advocacy information on educational, medical and financial benefits issues.



AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Hospital	<a href="http://www.nyp.org/ecdc">www.nyp.org/ecdc</a>		
First Chinese Presbyterian Community Affairs - Home Attendant Corporation	30 Broad St. 6th Floor New York, NY 10004 (212) 226-2765 Program Contact: Marilyn Rubinstein <a href="mailto:homecare@fcpcnyc.org">homecare@fcpcnyc.org</a> <a href="http://www.fcpc.org/caffairs.html">www.fcpc.org/caffairs.html</a>	Disabled, Older Adults	The Home Attendant Corporation is licensed by the New York State Department of Health to provide personal care services to disabled and senior citizens. Home care workers provide personal care, cooking, cleaning, shopping, and assistance with other activities of daily living which allows disabled and elderly individuals to reside safely at home. Fees based on Medicaid surplus income threshold
Garden of Hope-New York	P.O. Box 520048 Flushing, NY 11352 (877)990-8595 (718) 321-8862 Monday-Friday: 9:00 AM-5:00 PM  <a href="mailto:ylcgoh@gmail.com">ylcgoh@gmail.com</a> <a href="http://www.gohny.org">www.gohny.org</a>	Women and their families, Seniors, Youth	Garden of Hope is dedicated to serving, caring and rebuilding the lives of victims of domestic violence, sexual assault and human trafficking, particularly new Chinese immigrants. Garden of Hope, located in the new immigrant urban area, has provided services to hundreds of families through: Culturally relevant crisis intervention, individual counseling, support groups, advocacy & case management, translation services, referrals. Work closely with the community, and have greatly raised public awareness of domestic violence prevention and recovery through weekly broadcasts, newspaper features, newsletters and workshops.
General Human Outreach in The Community Inc./GHO	12510 Queens Blvd suite 2705 Kew Gardens NY 11415 (718)261-6552 (718)307-6563 <a href="mailto:Pat@ghoinc.org">Pat@ghoinc.org</a> <a href="http://www.ghoinc.org">www.ghoinc.org</a>	people with developmental disabilities	New York State Office for the People with Developmental Disabilities (OPWDD) certified services to provide individuals with developmental disabilities in any ages.
Hamilton-Madison House -	Behavioral Health Services, Administrative Offices 253 South Street, New York, NY 10002 (212) 349-3724 Asian American Recovery program (212) 720-4520 ext. 531	All	Hamilton-Madison House provides culturally and linguistically sensitive individual and group counseling for Chinese, Japanese, Korean and Southeast Asian clients, PROS(Personalized Recovery Oriented Services), Asian American Recovery Services (for substance use disorder and addiction services),

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<a href="http://www.hamiltonmadisonhouse.org/programs.html">http://www.hamiltonmadisonhouse.org/programs.html</a>		<p>Gambling Prevention Program, and a Supported Housing program.</p> <p>Other outpatient services including: diagnostic assessment, psychiatric and psychological evaluation, couple, marital, family therapy, psychosocial education and play therapy, medical management, community outreach, and professional consultation to service providers.</p>
	<p>Music School, Immigrant &amp; Community Services, Smith Naturally Occuring Retirement Community (NORC) 50 Madison Street, New York, NY 10038</p> <p>(212) 349-3724</p>	4.5 years old to adults	<p>The Music School provides accessible and affordable music lessons in violin, piano, viola, guitar, and steelpan for children starting at age 4.5 and for adults and offers music instruction to students with special needs on a case by case basis after an interview with the Music School Director. Classes take place on Saturdays and select evenings during the school year. One month summer intensive lessons are offered to select students.</p> <p>Immigrant Services legal assistance, health screenings, financial counseling, case- management services to help local residents negotiate the complex and bureaucratic system of accessing benefits; application assistance and advocacy, walk-in services including translation services and completing forms, information and referral to legal, housing and other social services, public education workshops and adult ESL and computer classes.</p>
	<p>Child Care Centers 60 Catherine Street, New York, 10038 77 Market Street, New York, NY 10038 82 Rutgers Slip, New York, NY 10002 129 Fulton Street, New York, NY 10038</p> <p>(212) 349-3724</p>	2months to 6 years old	<p>The mission is to foster the healthy development of children through the holistic provision of early childhood education, health services, nutritional assistance, and social services to families.</p>
	Knickerbocker Village Naturally	Older adults age 60 to	The programs and centers serve older people who

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	Occuring Retirement Community (NORC) 36 Monroe Street, New York, NY 10038  (212) 349-3724	90	speak eight different languages and dialects. Hamilton-Madison House also provides caregivers and families caring for seniors with resources, information and support to assist their loved ones.
	Two Bridges Senior Apartments Senior Service 80 Rutgers Slip, New York, NY 10002 (212) 349-3724	Older adults age 60 to 90	The programs and centers serve older people who speak eight different languages and dialects. Hamilton-Madison House also provides caregivers and families caring for seniors with resources, information and support to assist their loved ones.
	City Hall Senior Center 100 Gold Street New York, NY 10038 (212) 349-3724	Older adults age 60 to 90	The programs and centers serve older people who speak eight different languages and dialects. Hamilton-Madison House also provides caregivers and families caring for seniors with resources, information and support to assist their loved ones.
Indochina Sino-American Community Center	170 Forsyth Street, 2nd Floor New York, NY 10002 (212) 226-0317 Monday-Friday: 9:00 AM-5:00 PM Weekends by appointment  <a href="mailto:info@isacc-ny.org">info@isacc-ny.org</a> <a href="http://www.isaccny.org">www.isaccny.org</a>	Adolescents, Adults, Elderly, Families, Immigrants, Refugees	The Indochina Sino-American Community Center (ISACC) provides social services and programs. Services include referral, translation, employment, and counseling. ISACC offers ESL classes, citizenship preparation classes, and the Senior Community Service Employment Program (SCSEP) to senior citizens ages 55 and over. Field trips, health care seminars, and many cultural, recreational and intergenerational activities/programs are frequently organized. A scholarship program has been created to meet the needs of ISACC members' children and grandchildren. Fees vary according to program
Legal Aid Society Access to Benefits Hotline	(888) 663-6880 Tuesday: 9:30 AM - 12:30 AM <a href="http://www.legal-aid.org/">http://www.legal-aid.org/</a>	New York City residents	Assistance with public assistance, food stamps, Medicaid and public health insurance, employment matters, including employment insurance benefits. Only accepts calls on Tuesdays. Interpreters available.
Lower Eastside	46 East Broadway, New York, NY 10002	Adults, Disabled, Families, Immigrants	Lower Eastside Service Center, Inc. is a private, not-for-profit social service agency that has provided a

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Service Center - Chinese Day Treatment Program (CDT)	(917) 440-7742 (212) 343-3563 Monday-Friday: 11:30 AM-4:00 PM  <a href="mailto:mlai@lesc.org">mlai@lesc.org</a> <a href="http://www.lesc.org">www.lesc.org</a>		wide range of behavioral and medical health services to New Yorkers. The Chinese CDT program at LESC addresses the needs of individual from the Chinese community with psychiatric problems related to stress, tension, culture shock or adjustment to a new language and lifestyle in the States. This program is licensed by New York State, the Office of Mental Health. Provide a highly structured Milieu setting, focusing on personal change through support, encouragement, empowerment and the development of life skills. The program utilizes a team approach with professional staff consists of a psychiatrist, two Chinese Cantonese speaking LMSW bilingual and bicultural social workers and a cook. This is a highly structured environment with different kinds of services tailored to deal with clients' problems through clinical, medical, educational and vocational treatments. Accepts Medicaid
Mayor's Office for People with Disabilities	100 Gold St. 2nd Floor New York, NY 10038 311 <a href="mailto:poh@cityhall.nyc.gov">poh@cityhall.nyc.gov</a> <a href="http://www.nyc.gov/mopd">www.nyc.gov/mopd</a>	Persons with all disabilities and their families.	The office provides Project Open House, small barrier removal program, Information and referral on all disability-related issues, assistance with NYC Services and assistance with disability related laws.
Medicare Rights Center	266 West 37th Street 3rd Floor New York, NY 10018 (800) 333-4114 (212) 869-3850 Monday - Friday: 10:00 AM - 3:00 PM <a href="mailto:info@medicarerights.org">info@medicarerights.org</a> <a href="http://www.medicarerights.org">www.medicarerights.org</a>	Seniors and people with disabilities eligible for Medicare	The Medicare Rights Center offers advocacy assistance on Medicare and related issues.
Mental Health Association of	1(888) NYC-WELL Press 2 for English	All	NYC WELL offers toll free and confidential crisis intervention, consultation, information, and referral

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New York City - NYC Well	Press 3 for Spanish Press 4 for Chinese 24 hours, 7 days a week <a href="mailto:lifenetonline@mhaofnyc.org">lifenetonline@mhaofnyc.org</a> <a href="https://nycwell.cityofnewyork.us/">https://nycwell.cityofnewyork.us/</a>		services for mental health and substance abuse problems for Asian-language speaking metropolitan New York residents. It has the largest listing of mental health, substance abuse, and social service providers in New York City. NYC WELL also provides bilingual and bicultural professional specialists who will help callers find the most appropriate resources for their treatment needs. In addition, NYC WELL also provides educational materials about mental health awareness; seminars on mental health, social, and cultural issues; workshops on stress reduction; and anxiety and depression screening. No fees.
MTA MetroCard Walk-in Center	3 Stone St. (bet. Broadway + Broad St.) New York, NY 10004 (718) 330-1234 Monday - Friday: 6:00 AM - 10:00 PM: Call 511 and say "MTA" then "subways and buses", then "Metrocard" <a href="mailto:eligibility@wmata.com">eligibility@wmata.com</a> <a href="http://web.mta.info/nyct/fare/rfcenter.htm#signup">http://web.mta.info/nyct/fare/rfcenter.htm#signup</a>	Persons 65+ or who have a qualifying disability.	Eligible persons can receive a reduced-fare Metrocard for public transportation. Autogate card also available (opens gate rather than turnstile). Interpreters available in all languages.
New York Asian Women's Center/WOMA NKIND	32 Broadway 10th Floor New York, NY 10004 (888) 888-7702 (212) 732-0054 Monday-Friday: 9:00 AM-5:00 PM  <a href="mailto:llee@nyawc.org">llee@nyawc.org</a> <a href="http://www.nyawc.org">www.nyawc.org</a>	survivors of DV, Human trafficking, sexual crimes	The New York Asian Women's Center is the first organization on the East Coast to address the issues of domestic violence and sexual assault in the Asian community. With the only 24-hour multi-lingual hotline and shelter program for battered Asian women, the center provides counseling and advocacy to Asian battered women, children who have witnessed domestic violence, and sexual assault survivors. No fees.
New York	Center for Asian Women Crime Victims,	survivors of DV, Human	

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Asian Women's Center/WOMA NKIND - Queens Branch	Elmhurst, Queens 86-26 Broadway, Elmhurst, NY 11373  (888)-888-7702 (718) 803-7201 <a href="mailto:contact@nyawc.org">contact@nyawc.org</a> <a href="https://www.iamwomankind.org/">https://www.iamwomankind.org/</a>	trafficking, sexual crimes	
New York City Family Justice Center in Queens	New York City Family Justice Center in Queens 126-02 82nd Avenue Kew Gardens, NY 11415 (800)621-HOPE (718) 575-4500 <a href="https://sanctuaryforfamilies.org/our-approach/client-services/counseling-crisis-services/">https://sanctuaryforfamilies.org/our-approach/client-services/counseling-crisis-services/</a>	families, seniors	The New York City Family Justice Centers (FJCs) provides comprehensive civil legal, counseling and supportive services for survivors of domestic violence, elder abuse and sex trafficking. Located in all five boroughs, the FJCs are safe, caring environments that provide one-stop services and support. Key City agencies, community, social and civil legal services providers, and District Attorney's Offices are located on-site at the FJCs to make it easier for survivors to get help. Services are free and confidential.
New York Foundation for Senior Citizens, Inc.	11 Park Place 14th Floor New York, NY 10007 (212) 962-7559 Monday- Friday: 9:00 AM-5:00 PM  <a href="mailto:nyfscinc@aol.com">nyfscinc@aol.com</a> <a href="http://www.nyfsc.org">www.nyfsc.org</a>	Seniors	New York Foundation for Senior Citizens provides programs including Job Training and Placement; Community Arranged Resident Transportation; Housing Alternatives (subsidized buildings, enriched housing, transitional housing and services for the homeless, and homesharing); Intergenerational Activities; Ombudsman Program to enhance the lives of residents in long-term care facilities; Repair and Safety Services for seniors living in their own home; Senior Theatre Enrichment providing seniors with opportunities to see leading Broadway musicals, and Support Services (home attendant, case management, community guardian, and respite care programs). No fees.
New York	Mott Street Senior Center	Seniors	The Mott Street Center combines lovely décor, fun-

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Foundation for Senior Citizens, Inc. - Senior Citizen Sites	180 Mott Strret New York, NY 10012  (212) 966-5460 <a href="http://www.nyfsc.org/support-services/senior-centers/">http://www.nyfsc.org/support-services/senior-centers/</a>		filled activities, celebratory events and trips outside of the City to its growing membership. In the heart of Little Italy, bordering on Chinatown, Mott Street Senior Center's mostly Italian and Chinese members enjoy an easy camaraderie built on exercise, playing bingo and mahjong, dancing, painting, ceramics, sculpting, sewing, knitting, and crocheting, among other activities.
New York Foundation for Senior Citizens, Inc. - Senior Citizen Sites	LaGuardia Senior Center 280 Cherry Street New York, NY 10002  (212) 732-3656 <a href="http://www.nyfsc.org/support-services/senior-centers/">http://www.nyfsc.org/support-services/senior-centers/</a>	Seniors	The senior center welcome seniors coming from all five boroughs. For a small suggested contribution, seniors can eat breakfast and lunch that have been carefully planned by nutritionists. Seniors can participate "Lok Tung Kuen" exercises, arts and crafts, music, bingo and mahjong, health promotion and English classes. Each year, the Center hosts a gala event to celebrate the Chinese New Year. No fee.
New York Foundling Crisis Nursery	590 Ave. of the Americas 8th floor New York, NY 10011 Parent Helpline (212) 472-8555 888- HELP553 (24 hour hotline) (212) 886-4000 <a href="mailto:info@nyfoundling.org">info@nyfoundling.org</a> <a href="https://www.nyfoundling.org/">https://www.nyfoundling.org/</a>	Parents of children ages 0-10 (to 12 if accompanied by younger sibling). No severe disabilities or serious behavioral issues.	The program provides crisis Intervention for parents and families. Emergency respite provided. No fee.
Safe Horizon	2 Lafayette Street 3rd Floor New York, NY 10007 For domestic violence victim:(800)621-HOPE For victims of crime and their families: (866)689-HELP For rape & sexual assault victims:(212) 227-3000	Individuals and families in need of assistance pertaining to immigration	Safe horizon provides counseling to immigrants on obtaining legal status. Do not accept people with detained status.



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	General (212)577-7700 Immigrant project contact: Annabella Nattes (718) 943-8632 Monday - Friday: 9:30 AM-5:30 PM Weekends by appointment  <a href="mailto:info@safehorizon.org">info@safehorizon.org</a> <a href="http://www.safehorizon.org">www.safehorizon.org</a>		
Samuel Field Y CAPE	CAPE 59-28 Little Neck Pkwy, Little Neck, NY 11362 Selfhelp BRP Senior Center 45-25 Kissena Blvd, Flushing, NY 11355 Rego Park Senior Center 9329 Queens Blvd, Rego Park, NY 11374 (718)224-0566 Progr AM Contact: Yuanyuan Hu (917) 380-0211 CAPE Monday - Friday: 9:00 AM - 5:00 PM Selfhelp BRP Senior Center Tuesday and Thursday: 8:30 AM - 4:00 PM Rego Park Senior Center Wednesday and Friday: 9:00 AM - 4:00 PM <a href="http://www.sfy.org/community-mental-health-services/">http://www.sfy.org/community-mental-health-services/</a>	Seniors age 60 and above	Samuel Field Y CAPE is an outpatient Mental Health Clinic for Queens residents aged 60 and over and their families and provides mental health services in Chinese at Selfhelp Benjamin Rosenthal Price Street Senior Center and Rego Park Senior Center. Individual, group and family therapy, psychiatric evaluations and medication monitoring are available to help cope with psychiatric, emotional and adjustment issues.
Supplemental Security Income (SSI)	Various (800) 772-1213 TTY: (800) 325-0778 interpreter by phone or in agency	Eligible persons with disabilities	Supplemental Security Income provides monthly payments to individuals with disabilities who have limited income and resources.

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	Office Hours: Monday - Friday: 7:00 AM-4:00 PM. Hotline hours: Monday - Friday: 7:00 AM-7:00 PM <a href="http://www.ssa.gov">www.ssa.gov</a>		
Taiwan Center	137-44 Northern Boulevard Flushing, NY 11354 (718) 445-7007 Monday - Saturday: 10:00 AM-6:00 PM  <a href="mailto:info@nytaiwancenter.us">info@nytaiwancenter.us</a> <a href="http://www.nytaiwancenter.us">www.nytaiwancenter.us</a>	All	The Taiwan Center has facilities including a 280-seat auditorium, a conference room, a library, a reading room, and an office. The reading room provides books and newspapers and magazines air-delivered from Taiwan.  Senior citizens participate in a wide array of activities in the newly created Taiwanese American Senior Center. The Center also offers cultural and educational classes, and organizes activities and events to heighten cultural awareness. Various community and ethnic organizations use the Center to host different social events, symposiums, and annual gatherings.  Tuition varies for different recreational courses; most arts and cultural events are free; senior program annual membership is \$60 for seniors who are 60 and above, \$100 for under 60.
The Child Center of NY - Asian Outreach Program	Flushing Site 140-15B Sanford Ave. 2nd Floor Flushing, NY 11355 Elmhurst Site 81-14 Queens Blvd. Elmhurst, NY 11373  Flushing Site (718) 358- 8288 x 203 Elmhurst Site (718) 899- 9810 x 200 Monday - Thursday 9:00 AM - 9:00 PM Friday: 9:00 AM - 7:00 PM	All	The Child Center of NY - Asian Outreach Program is a dual- licensed Office of Mental Health (OMH) and Office of Alcohol Substance Abuse Services (OASAS) and offers mental health treatment for all age groups, alcohol and substance abuse servcie, groups, psychiatric evaluation and medication management, case management and community outreach services. Accepts Medicaid and major insurances. Offers sliding fee scales.

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	Saturday: 9:00 AM - 3:00 PM <a href="http://childcenterny.org">http://childcenterny.org</a>		
The New York State Justice Center for the Protection of People with Special Needs	161 Delaware Ave. Delmar, NY 12054 Vulnerable Persons Central Registry Hotline (24 Hours) (855) 373-2122 (800) 624-4143 TTY: (855) 373-2122 Monday - Friday: 8:30 AM-4:30 PM <a href="https://www.disability.gov/resource/new-york-justice-center/">https://www.disability.gov/resource/new-york-justice-center/</a>	Persons with special needs	Mission of the program is to protect people with special needs from abuse, neglect and mistreatment. Call the hotline to report an incident of abuse or neglect in a certified facility overseen by NYS' Office of People with Developmental Disabilities, Office of Mental Health, Office of Alcoholism and Substance Abuse Services, Office of Children and Family Services, Dept. of Ed., Dept. of Health.
United Cerebral Palsy of NYC (UCP of NYC)	P.S. 138 122 East 23rd St. 2nd Floor, New York, NY 10010 Program and services inquiries: (877) 827-2666 Technology Resource Center (212) 677-7400 x 734 <a href="mailto:projectconnect@ucpnyc.org">projectconnect@ucpnyc.org</a> <a href="http://www.ucpnyc.org/">http://www.ucpnyc.org/</a>	Persons with all disabilities, all ages.	Information, referral and consultations on accessing assistive technology. Lending Library is available to the public as well as "Tech Works", a demonstration area where the public can "test-drive" various products.
United Chinese Association of Brooklyn	78 Quentin Road Brooklyn, New York 11223 (718) 232-0055 Monday - Friday: 10:00 AM-4:00 PM <a href="mailto:info@ucaob.org">info@ucaob.org</a> <a href="http://www.ucaob.org">www.ucaob.org</a>	All	The United Chinese Association of Brooklyn, commonly known as UCA, is a nonprofit organization formed to serve the needs of the Chinese-American population in the Bensonhurst area of Brooklyn, New York City. UCA aims to build a safe, friendly, and nurturing neighborhood for our children, adults, and seniors and offers a variety of educational programs and social activities. \$10 annual membership fee
University Settlement	184 Eldridge Street New York, NY 10002 Eric Weingartner, Chief Executive	All	University Settlement serves people of all ages throughout multi-racial and multi-ethnic community. Early Childhood services, Youth Programs, Community

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	Officer: (212) 453-4555 <a href="mailto:nfo@universitysettlement.org">nfo@universitysettlement.org</a> <a href="http://www.universitysettlement.org">www.universitysettlement.org</a>		Programs, Project Home, Mental Health Services, Family Literacy, Older Adults, Arts, Beacon Campus, and Credit Union work together to provide each person and every family with the practical and personal tools they need to reach their potential and attain true self-sufficiency. Offers sliding fee scale.
	Blended Case Management 176 Eldridge Street New York, NY 10002 (212) 864-2007 <a href="mailto:bcm@universitysettlement.org">bcm@universitysettlement.org</a> <a href="http://www.universitysettlement.org/us/programs/mental_health_services/childrens_case_management/">http://www.universitysettlement.org/us/programs/mental_health_services/childrens_case_management/</a>	Youth between 5 and 21	The Blended Case Management program provides intensive and supportive case management services to emotionally challenged youth between the ages of 5 and 21 to prevent emergency room visits, psychiatric hospitalizations and placement in residential treatment facilities. Through home visits, families are provided with ongoing assistance and advocacy in order to access mental health, education and income support programs that are essential to meeting their child's needs. Case managers are trained and certified in case management by the New York State Department of Health and Mental Hygiene. Services are available to families through Manhattan, and are provided in English, Spanish, Cantonese and Mandarin.
	Early Head Start 184 Eldridge Street New York, NY 10002 (212) 453-4581 <a href="mailto:earlyheadstart@universitysettlement.org">earlyheadstart@universitysettlement.org</a> <a href="https://web11.fcny.org/us/programs/early_childhood/early_headstart/">https://web11.fcny.org/us/programs/early_childhood/early_headstart/</a>	Children under age three	The Early Head Start program provides child care services to eligible families with children under age three with comprehensive center-based programs and home visits. Services include: <ul style="list-style-type: none"> <li>• Pre- and post-natal education, screenings and referrals, safety, nutrition and mental health services</li> <li>• Developmental assessments &amp; screenings</li> <li>• Early learning classroom-based sessions for infants &amp; toddlers</li> <li>• Parent education &amp; support groups</li> <li>• Parent-child socialization groups</li> <li>• Special needs education &amp; referrals (full inclusion of children with special needs)</li> </ul>

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	<p>Early Intervention Program  184 Eldridge Street  New York, NY 10002  (212) 453-4509  <a href="mailto:earlyintervention@universitysettlement.org">earlyintervention@universitysettlement.org</a>  <a href="http://www.universitysettlement.org/us/programs/early_childhood/early_intervention/">http://www.universitysettlement.org/us/programs/early_childhood/early_intervention/</a></p>	<p>Infants and toddlers with delays and disabilities</p>	<ul style="list-style-type: none"> <li>• Home-visiting services to support healthy family development</li> <li>• Social service advocacy &amp; referrals</li> </ul> <p>University Settlement Early Intervention provides services including: clinical assessment, occupational therapy, physical therapy, speech therapy, special instruction therapy, vision services, audiology services, assistive technology device and services nutrition services, psychological services, social work and service coordination and family training and counseling</p>
	<p>Family Day Care Network  176 Eldridge Street  New York, NY 10002  (212) 453-4530  <a href="mailto:fcc@universitysettlement.org">fcc@universitysettlement.org</a>  <a href="https://web11.fcny.org/us/programs/early_childhood/family_child_care/">https://web11.fcny.org/us/programs/early_childhood/family_child_care/</a></p>	<p>2 months – 4 years old</p>	<p>Programs of University Settlement's Family Child Care/Early Head Start program include:</p> <ul style="list-style-type: none"> <li>• Year-round, full day (Monday—Friday) child care services for children 2 months – 4 years old</li> <li>• Referral to licensed home-based providers with years of experience in family child care settings</li> <li>• Educational curriculum that models center-based structure</li> <li>• Continuous developmental assessments and screenings for all children</li> <li>• Comprehensive special needs and mental health services</li> <li>• Additional support and education for families, including workshops for parents</li> <li>• Social service advocacy, referrals, and etc</li> <li>• The Family Child Care/Early Head Start program is funded by the Administration for Children's Services.</li> <li>• Providing childcare to families living in the five boroughs. Providers only located in Manhattan</li> <li>• For families who are working a minimum of 20 hours or going to school a minimum of 12 hours per week</li> <li>• Early Head Start provides services to families who qualify and live on the Lower East Side</li> </ul>

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			<ul style="list-style-type: none"> <li>• Will assist with completing application on-site for ACS Government-Subsidized Child Care and HRA Childcare Supplement</li> <li>• Fees for ACS are based on income and family size composition</li> <li>• Provide nutritious meals (morning snack, lunch, supper)</li> </ul>
	<p>Home-Based Crisis Intervention  176 Eldridge Street  New York, NY 10002  (212) 453-4593  <a href="mailto:hbc@universitysettlement.org">hbc@universitysettlement.org</a></p>	<p>Youths age 5 to 17 who feel emotional disturbing</p>	<p>The Home Based Crisis Intervention program provides intensive in-home case management services for emotionally disturbed youth ages 5 to 17 and their families free of charge. Case managers intervene when a child or adolescent is at imminent risk of hospitalization or removal from their home due to a psychiatric crisis. Working with a family for a period of six to eight weeks, the case managers use a team approach to stabilize the immediate crisis and set up long-term support services to manage the child's mental health needs and help keep the family together. Services are available in English, Spanish, Cantonese and French.</p>
	<p>Older Adults Program  189 Allen Street  New York, NY 10002  (212) 473-8217  Monday - Friday: 8:00 AM - 4:00 PM  <a href="mailto:olderadults@universitysettlement.org">olderadults@universitysettlement.org</a>  <a href="http://www.universitysettlement.org/us/programs/older_adults/neighborhood_center/">http://www.universitysettlement.org/us/programs/older_adults/neighborhood_center/</a></p>	<p>Seniors</p>	<p>The Center, open five days a week. More than 150 seniors come to share in a nutritious breakfast or lunch, stimulating classes and activities. Through the health and wellness program, seniors have access to twice-weekly blood pressure screenings, exercise classes, tai chi, a walking club, plus health seminars and nutrition lectures. Members can participate in festive events throughout the year and have access to the latest in electronic entertainment including Wii, karaoke and a computer lab. A Leadership Council comprised of older adults guides programming decisions from the ground up, and professional staff members are on hand to provide</p>

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	Project Home 180 Eldridge Street New York, NY 10002 (212) 505-1995 <a href="mailto:projecthome@universitysettlement.org">projecthome@universitysettlement.org</a> <a href="http://www.universitysettlement.org/us/programs/project%20home/">http://www.universitysettlement.org/us/programs/project home/</a>	All	information, referrals or advocacy if there are any issues of concern. This rich program helps seniors to continue to lead full and independent lives.  University Settlement's innovative Project Home tackles the threat of homelessness head on. Project Home case managers partner with their clients, offer a helping hand, and encourage them to recognize and develop their own strengths. For low-income families -- often with serious educational disadvantages and difficulty with English - having a trusted partner to help them make a plan and offer support enables them to navigate towards a brighter future.
	The Chinatown-Lower East Side Literacy Zone Community Partner 175 Eldridge Street New York, NY 10002 (212) 453-4530 Program contact: Lucian Leung Monday - Friday: 9:00 AM - 5:00 PM <a href="https://web11.fcny.org/us/programs/adult%20literacy/">https://web11.fcny.org/us/programs/adult literacy/</a>	<a href="https://chinatownleslitteracyzone.wordpress.com/contact/">https://chinatownleslitteracyzone.wordpress.com/contact/</a>	Adult Education Classes: ESOL and ABE classes, citizenship/civics, computer literacy/technology, family literacy, health literacy, and financial literacy (partnering with Citibank) Other Services: Health & Mental Health Services: Health information or disease prevention workshops (in cooperation with Ryan-NENA and Cornell Cooperative Extension)
VISIONS/ Services for the Blind and Visually Impaired	500 Greenwich Street, 3rd Floor New York, NY 10013 1-888-245-8333 (212) 625-1616 Monday - Friday: 8:30 AM-5:00 PM <a href="mailto:info@visionsvcb.org">info@visionsvcb.org</a> <a href="http://www.visionsvcb.org">www.visionsvcb.org</a>	People who are blind and visually impaired	All services are provided free of charge. No health insurance is required or billed
YAI	460 W. 34th St.	Adults age 18 years and	YAI provides socialization and recreation program on



AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	11th floor New York, NY 10001 Leisure Connection YAI LINK (212) 273-6182 <a href="mailto:link@yai.org">link@yai.org</a> <a href="http://www.yai.org/link">www.yai.org/link</a>	over., with mild learning disabilities, able to travel independently.	the 3rd Saturday of each month. Fee: \$30 per year. No staff chaperones.
YAI-Hankering for More/HFM	460 W. 34th St. 11th floor New York, NY 10001 YAI LINK (212) 273-6182 <a href="mailto:hfm@yai.org">hfm@yai.org</a> <a href="https://www.yai.org/hfm">https://www.yai.org/hfm</a>	HFM is designed for adults who live in and around New York City who want support making friends, ages 18 and over and able to travel independently.	YAI hosts social and educational programs 1x/month at various cultural and recreational places in and around Manhattan (e.g. museum tours, cooking lessons, bowling) and runs from September to May. Interviews for program admission are done in summer. Please apply via <a href="http://www.yai.org/hfm">www.yai.org/hfm</a> . All events are free. YAI currently has a waiting list.

## Legal Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Advocates for Children of New York, Inc.	151 West 30th St. 5th Floor New York, NY 10001 (866) 427-6033 (212) 947-9779 Monday - Thursday: 10 :00 AM - 4:00 PM <a href="http://www.adovacatesforchildren.org">www.adovacatesforchildren.org</a>	Birth - 26 for low-income	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals.
CAMBA	1720 Church Avenue, 2nd Floor Brooklyn, NY 11226	All	CAMBA is a nonprofit agency that offers integrated programs in six different areas:

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	(718) 287-2600 Monday - Friday: 9:00 AM - 5:00 PM <a href="mailto:info@camba.org">info@camba.org</a> <a href="http://www.camba.org">www.camba.org</a>		<ul style="list-style-type: none"> <li>• Economic Development</li> <li>• Education &amp; Youth Development</li> <li>• Family Support Services</li> <li>• HIV/AIDS Services</li> <li>• Housing Services &amp; Development</li> <li>• Legal Services.</li> </ul> No fees.
Legal Aid Society Health Law Helpline	(212) 577-3575 (212) 577-3300 (citywide intake) Tuesday: 9:00 AM -5:00 PM <a href="http://www.legal-aid.org/">http://www.legal-aid.org/</a>	New York City residents	Advice and advocacy if you are having problems with Medicaid, Medicare, Child or Family Health Plus or are uninsured.
Mayor's Office for People with Disabilities	100 Gold St. 2nd Floor New York, NY 10038 311 <a href="mailto:poh@cityhall.nyc.gov">poh@cityhall.nyc.gov</a> <a href="http://www.nyc.gov/mopd">www.nyc.gov/mopd</a>	Persons with all disabilities and their families.	The office provides Project Open House, small barrier removal program, Information and referral on all disability-related issues, assistance with NYC Services and assistance with disability related laws.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St. 11th Floor New York, NY 10001 TTY: (212) 244-3692 (212) 244-4664 Program Contact: Michelle Kraus or Jessica Daye Intake hours: Monday - Friday 10:00 AM - 5:00 pm <a href="http://www.nylpi.org">http://www.nylpi.org</a>	Persons with disabilities.	Advice and legal assistance regarding: discrimination on the basis of disability in areas such as special education, opportunity and access (e.g. housing, employment), and deinstitutionalization.
New York Legal Assistance Group (NYLAG) - Disability Advocacy Project	7 Hanover Sq. 18th Fl. New York, NY 10004 (212) 613-5000 Program Contact: Michelle Spadafore (Social Security Benefits) (212) 613-5024 Monday, Wednesday: 9:00 AM -3:00 PM	Low income individuals residing in New York City	Free legal services organization with Disability Advocacy Project regarding social security issues. Also, housing, public benefits, family law, immigration advocacy.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<p><a href="mailto:IPUintake@nylag.org">IPUintake@nylag.org</a> (immigration)  <a href="http://nylag.org">http://nylag.org</a></p>		
<p>New York City Family Justice Center in Queens</p>	<p>New York City Family Justice Center in Queens  126-02 82nd Avenue  Kew Gardens, NY 11415  (800)621-HOPE/  (718) 575-4500  <a href="https://sanctuaryforfamilies.org/our-approach/client-services/counseling-crisis-services/">https://sanctuaryforfamilies.org/our-approach/client-services/counseling-crisis-services/</a></p>	<p>families, seniors</p>	<p>The New York City Family Justice Centers (FJCs) provides comprehensive civil legal, counseling and supportive services for survivors of domestic violence, elder abuse and sex trafficking. Located in all five boroughs, the FJCs are safe, caring environments that provide one-stop services and support. Key City agencies, community, social and civil legal services providers, and District Attorney's Offices are located on-site at the FJCs to make it easier for survivors to get help. Services are free and confidential.</p>
<p>The Legal Aid Society</p>	<p>199 Water St.3rd Floor,  New York, NY 10038  Immigration Law Unit Hotline:  (212) 577-3456/(212) 577-3300  Hotline hours:  Wednesday and Friday:  1:00 PM - 5:00 PM  <a href="http://www.legal-aid.org/">http://www.legal-aid.org/</a></p>	<p>New York City residents</p>	<p>Legal aid socety provides legal help to make sure individuals and families receive all the assistance they are entitled to regarding social security, SSI, SSI Disability, Welfare, housing, immigration, public assistance, domestic violence, and special education.</p>

# Medical Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Bellevue Hospital Center	462 First Avenue New York, NY 10016 (212) 562-3624 (212) 562-4002 24 hours/7 days a week <a href="mailto:angelina.r.decastro@gmail.com">angelina.r.decastro@gmail.com</a> <a href="https://www.nychealthandhospitals.org/bellevue/">https://www.nychealthandhospitals.org/bellevue/</a>	All	Bellevue Hospital Asian In-Patient Program aims to provide every indigent Asian in New York City easy access to New York City's best quality and culturally competent in-patient mental health services. Bellevue individualizes each treatment plan according to family and culture dynamics, innovative pharmacotherapy, culturally competent methods, and principles of trust, empowerment, and skillful collaboration. Services provided (specializing in bilingual and bicultural approach) include: comprehensive psychiatric evaluation; comprehensive medical evaluation; nutritional evaluation; individual, group, and family therapy; detoxification from addiction; psychoeducation groups; and comprehensive discharge planning and service coordination. Accepts Medicare, Medicaid
Beth Israel Medical Center - Asian Services Program	10 Union Square East, Suite 2M New York, NY 10003 (877) 251-9111 (212)844-6888 <a href="http://www.wehealny.org/patients/bimc_description.html">www.wehealny.org/patients/bimc_description.html</a>	All	Beth Israel Medical Center is the Manhattan campus for the Albert E. College of Medicine with 1,300 certified beds. Asian Services Program of Beth Israel Medical Center is staffed with bicultural/bilingual interdisciplinary team which aims at providing the Chinese community in-patient and ambulatory medical care assistance to all medical specialties, including: Internal medicine, breast, cardiac care, cancer care, gynecology,

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
			neurology, obstetrics, orthopedics, pain medicine, pediatrics, pulmonary, psychiatry, radiology, surgery, AIDS. Accepts Medicare, Medicaid, HMO, most private insurances, CHP and fee for services
	<p>268 Canal Street, New York, NY 10013            Adult Medicine            (212) 379-6998            Mon Tues, Thurs, Fri: 8:00 AM. - 6:00 PM            Wed: 10:00 AM. - 6:00 PM            Sat, Sun: 9:00 AM - 6:00 PM            OB/GYN            (212) 966-0228            Mon, Tue, Thurs, Fri, Sat, Sun: 9:00 PM - 5:00 PM            We  <a href="http://www.cbwchc.org/">http://www.cbwchc.org/</a></p>	All	<p>The Charles B. Wang Community Health Center is a nonprofit and federally qualified health center. It has staff fluent in many languages, including Mandarin, Cantonese, Taishanese, Shanghainese, Fujianese, Vietnamese, and Korean. Offer adult medicine, dental care, OB/GYN, pediatric medicine, mental health . Accept most health insurance plans, including Medicare and Medicaid. Sliding fee might apply to uninsured and will be based on income and family size.</p>
	<p>168 Centre Street, 3rd Floor, New York, NY 10013            Health Education            Monday-Friday: 9:00 AM - 5:00 PM</p>	All	
Charles B. Wang Community Health Center-	<p>125 Walker Street 2nd Floor            New York, NY 10013             Pediatrics (212) 226-3888            Mon, Tue, Thurs, Fri 9:00 AM. - 7:00 PM            Wed 1:00 AM. - 7:00 PM            Sat, Sun 9:00 AM - 6:00 PM            Dental Health (212) 226-9339            Mon, Sat, Sun 9:00 AM - 5:00 PM</p>	All	

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<p>Tue 9:00 AM - 6:00 PM Wed. 10:00 AM - 5:0</p> <p>136-26 37th Avenue, Flushing, NY 11354 Adult Medicine (718) 886-1200 Mon, Tue, Thurs, Fri 8 AM - 6 p.m. Wed, 10:00 AM - 7:00 PM Sat, Sun 9:00 AM - 6:00 PM Pediatrics (718) 886-1222 Mon, Tue, Thurs, Fri, Sat 9:00 AM - 6:00 PM Wed, Sun 10:00 AM - 6:00 PM OB/GYN (718) 886-1287 Mon, Tue, Thurs,</p> <p>137-43 45th Avenue, Flushing, NY 11355  Adult Medicine (929) 362-3006 Pediatrics (929) 362-3006 OB/GYN (929) 362-3006 Mental Health (212) 941-2213 Social Services (929) 362-3006 Mon, Tue, Thurs, Fri, Sat, Sun 9:00 AM - 6:00 PM Wed 10:00 AM - 6:00 PM</p>	<p>All</p> <p>All</p>	
<p>Early Childhood Direction Center (ECDC) at New York Presbyterian Hospital</p>	<p>409 E. 60th St. Suite 3-312 New York, NY 10022 (212) 746-6175 Monday - Friday: 9:00 AM - 5:00 PM <a href="mailto:ecdc@nyp.org">ecdc@nyp.org</a> <a href="http://www.nyp.org/ecdc">www.nyp.org/ecdc</a></p>	<p>Children ages 0-5 with diagnosed or suspected special needs</p>	<p>Advocacy information on educational, medical and financial benefits issues.</p>
<p>Gouverneur Hospital-Asian</p>	<p>Behavioral Health Department 227 Madison Street, Room 380-385 New York, NY 10002</p>	<p>All</p>	<p>The Asian Bicultural Clinic of Gouverneur Healthcare Services provides innovative high quality care using culturally relevant approach. It is staffed with a</p>

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Bicultural Clinic	(212) 238-7332 Monday-Friday: 9:00 AM-5:00 PM <a href="http://www.gvnrhospital.org/">www.gvnrhospital.org/</a>		bicultural/bilingual (Chinese) interdisciplinary team of mental health professionals. The clinic provides comprehensive outpatient mental health care including: Psychiatric evaluation, psychological testing, crisis intervention and short-term therapy, extended individual, group and family psychotherapy, advanced pharmacotherapy, liaison services for those who need psychiatric hospitalization. Fees - Sliding scale, Medicaid, Medicare, MetroPlus, HIP, HealthFirst LIP
New York Downtown Hospital	170 William Street New York, NY 10038 (212) 312-5000 Monday-Friday: 9:00 AM-7:00 PM Saturday-Sunday: 9:00 AM-5:00 PM Progr AM hours vary by type <a href="http://www.downtownhospital.org">www.downtownhospital.org</a>	All	The Downtown Hospital is the closest acute care facility for Lower Manhattan's employees, residents, and tourists and the first responder to virtually every medical emergency in Lower Manhattan. Accepts most major health insurance plans, Medicaid, Medicare, Child Health Plus, Family Health Plus
Premier Home Health Care Inc./ Priority Home Care Inc./ Asian Program	38-20 Bowne Street, Suite 227 Flushing, NY 11354-5642 (347) 438-1510 <a href="mailto:cchen@premierhomehealthcare.com">cchen@premierhomehealthcare.com</a> <a href="http://www.premierhomehealthcare.com">www.premierhomehealthcare.com</a>	All	Premier Home Health Care Inc. provides a wide array of private pay home health personnel services that are monitored by a Registered Nurse and designed to assure safe, reliable, and affordable care in the home or residential living facility. The agency specialize in Companion Care, Live-in services as well as disease specific care for Alzheimer's, dementia, stroke, and hospice support services. The program provides culturally competent service to Chinese, Korean, Japanese, Thai, Cambodian and other Asian communities. Medicare, Medicaid, Private Insurance, Long-Term Care Insurance, Private Pay Clients and Families.
The Phoenix Rehabilitation & Nursing Center	140 Saint Edwards Street Brooklyn, NY 11201 (718) 858-6400 24 hours/7 days a week	Disabled, Elderly	Atlantis Rehabilitation and Residential Healthcare Facility is a skilled nursing faculty that provides both short-term rehabilitation and long-term care. Accepts Medicaid, Medicare, HMO's, and private pay



AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<a href="http://thephoenixrehab.com">http://thephoenixrehab.com</a>		
Tzu Chi Foundation - Elmhurst Hospital Family Health Center	137-77 Northern Blvd, Flushing, NY 11354  (718) 460-4590 Monday - Sunday: 10:00 AM-6:00 PM <a href="http://www.tima.us.tzuchi.org">www.tima.us.tzuchi.org</a>	All	The Tzu Chi-Elmhurst Hospital Family Health Center was established in partnership with the Tzu Chi Foundation and is an extension clinic of Elmhurst Hospital Center and offers a comprehensive array of culturally sensitive medical primary care services and referrals to specialty care. On-site services include: <ul style="list-style-type: none"> <li>• Internal medicine</li> <li>• Geriatric care</li> <li>• Women's health services</li> <li>• Pediatric care</li> <li>• Mental health services.</li> </ul> Most insurance plans accepted.

## Mental Health Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Asian Women's Christian Association	Renaissance Economic Development Corporation 9 Genesee Avenue Teaneck, NJ 07666 (201) 862-1665 Monday - Friday: 9 AM-5 PM <a href="mailto:awca.nj@verizon.net">awca.nj@verizon.net</a> <a href="http://www.awcanj.org">www.awcanj.org</a>	All	The Asian Women's Christian Association (AWCA) is a nonprofit organization operated by funds raised through grants, charity events and donations. AWCA provides outreach, behavioral health, social welfare, health awareness, educational, and senior services for Asian Americans. Fees are based upon a sliding scale
Charles B. Wang	268 Canal Street, New York, NY 10013	All	The Charles B. Wang Community Health Center is a nonprofit and federally qualified health center. It has

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Community Health Center- Manhattan Location	Adult Medicine (212) 379-6998 Mon Tues, Thurs, Fri: 8:00 AM. - 6:00 PM Wed: 10:00 AM. - 6:00 PM Sat, Sun: 9:00 AM - 6:00 PM OB/GYN (212) 966-0228 Mon, Tue, Thurs, Fri, Sat, Sun: 9:00 PM - 5:00 PM We <a href="http://www.cbwchc.org/">http://www.cbwchc.org/</a>		staff fluent in many languages, including Mandarin, Cantonese, Taishanese, Shanghainese, Fujianese, Vietnamese, and Korean. Offer adult medicine, dental care, OB/GYN, pediatric medicine, mental health . Accept most health insurance plans, including Medicare and Medicaid. Sliding fee might apply to uninsured and will be based on income and family size.
Charles B. Wang Community Health Center- Queens Location	136-26 37th Avenue, Flushing, NY 11354  Adult Medicine (718) 886-1200 Mon, Tue, Thurs, Fri 8 AM - 6 p.m. Wed, 10:00 AM - 7:00 PM Sat, Sun 9:00 AM - 6:00 PM Pediatrics (718) 886-1222 Mon, Tue, Thurs, Fri, Sat 9:00 AM - 6:00 PM Wed, Sun 10:00 AM - 6:00 PM OB/GYN (718) 886-1287 Mon, Tue, Thurs,	All	
Chinese-American Sunshine House	837 58th Street 3rd Fl Brooklyn, NY 11220 (917) 969-7018 <a href="mailto:chinesesunshinehouse@gmail.com">chinesesunshinehouse@gmail.com</a> <a href="http://www.chinesesunshinehouse.org">www.chinesesunshinehouse.org</a>	Brooklyn chinese speaking immigrants including youths, parents and the elderly	Chinese-American Sunshine House, Inc. (CSH) is a non-profit organization that provides a culturally-sensitive environment for the Brooklyn Chinese community by empowering those battling with mental illness through their personal recovery and educating the community about mental health. Its mission is to provide and promote education about mental illness in order to combat stigmas and to increase accessibility to available treatment through providing education through workshops and training, and linkages to

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
			additional resources within the borough of Brooklyn.
Garden of Hope-New York	<p>P.O. Box 520048  Flushing, NY 11352  (877)990-8595  (718) 321-8862  Monday-Friday:  9:00 AM-5:00 PM</p> <p><a href="mailto:ylcgoh@gmail.com">ylcgoh@gmail.com</a>  <a href="http://www.gohny.org">www.gohny.org</a></p>	Women and their families, Seniors, Youth	<p>Garden of Hope is dedicated to serving, caring and rebuilding the lives of victims of domestic violence, sexual assault and human trafficking, particularly new Chinese immigrants. Garden of Hope, located in the new immigrant urban area, has provided services to hundreds of families through: Culturally relevant crisis intervention, individual counseling, support groups, advocacy &amp; case management, translation services, referrals.</p> <p>Work closely with the community, and have greatly raised public awareness of domestic violence prevention and recovery through weekly broadcasts, newspaper features, newsletters and workshops.</p>
Gouverneur Hospital-Asian Bicultural Clinic	<p>Behavioral Health Department  227 Madison Street, Room 380-385  New York, NY 10002  (212) 238-7332  Monday-Friday:  9:00 AM-5:00 PM</p> <p><a href="http://www.gvnrhospital.org/">www.gvnrhospital.org/</a></p>	All	<p>The Asian Bicultural Clinic of Gouverneur Healthcare Services provides innovative high quality care using culturally relevant approach. It is staffed with a bicultural/bilingual (Chinese) interdisciplinary team of mental health professionals.</p> <p>The clinic provides comprehensive outpatient mental health care including: Psychiatric evaluation, psychological testing, crisis intervention and short-term therapy, extended individual, group and family psychotherapy, advanced pharmacotherapy, liaison services for those who need psychiatric hospitalization.</p> <p>Fees - Sliding scale, Medicaid, Medicare, MetroPlus, HIP, HealthFirst LIP</p>
Hamilton-Madison House - Behavioral Health	<p>253 South Street, New York, NY  10002</p> <p>(212) 349-3724</p>	All	<p>Hamilton-Madison House provides culturally and linguistically sensitive individual and group counseling for Chinese, Japanese, Korean and Southeast Asian clients, PROS(Personalized Recovery Oriented Services), Asian American Recovery Services (for</p>

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Services, Administrative Offices	Asian American Recovery program (212) 720-4520 ext. 531 <a href="http://www.hamiltonmadisonhouse.org/programs.html">http://www.hamiltonmadisonhouse.org/programs.html</a>		substance use disorder and addiction services), Gambling Prevention Program, and a Supported Housing program. Other outpatient services including: diagnostic assessment, psychiatric and psychological evaluation, couple, marital, family therapy, psychosocial education and play therapy, medical management, community outreach, and professional consultation to service providers.
Mental Health Association of New York City - NYC Well	1(888) NYC-WELL Press 2 for English Press 3 for Spanish Press 4 for Chinese 24 hours, 7 days a week <a href="mailto:lifenetonline@mhaofnyc.org">lifenetonline@mhaofnyc.org</a> <a href="https://nycwell.cityofnewyork.us/">https://nycwell.cityofnewyork.us/</a>	All	NYC WELL offers toll free and confidential crisis intervention, consultation, information, and referral services for mental health and substance abuse problems for Asian-language speaking metropolitan New York residents. It has the largest listing of mental health, substance abuse, and social service providers in New York City. NYC WELL also provides bilingual and bicultural professional specialists who will help callers find the most appropriate resources for their treatment needs. In addition, NYC WELL also provides educational materials about mental health awareness; seminars on mental health, social, and cultural issues; workshops on stress reduction; and anxiety and depression screening. No fees.
New York Asian Women's Center/WOMANKIND	32 Broadway 10th Floor New York, NY 10004 (888) 888-7702 (212) 732-0054 Monday-Friday: 9:00 AM-5:00 PM  <a href="mailto:llee@nyawc.org">llee@nyawc.org</a> <a href="http://www.nyawc.org">www.nyawc.org</a>	survivors of DV, Human trafficking, sexual crimes	The New York Asian Women's Center is the first organization on the East Coast to address the issues of domestic violence and sexual assault in the Asian community. With the only 24-hour multi-lingual hotline and shelter program for battered Asian women, the center provides counseling and advocacy to Asian battered women, children who have witnessed domestic violence, and sexual assault survivors. No fees.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
New York Asian Women's Center/WOMANKIND - Queens Branch	Center for Asian Women Crime Victims, Elmhurst, Queens 86-26 Broadway, Elmhurst, NY 11373  (888)-888-7702 (718) 803-7201 <a href="mailto:contact@nyawc.org">contact@nyawc.org</a> <a href="https://www.iamwomankind.org/">https://www.iamwomankind.org/</a>	survivors of DV, Human trafficking, sexual crimes	
New York City Family Justice Center in Queens	New York City Family Justice Center in Queens 126-02 82nd Avenue Kew Gardens, NY 11415 (800)621-HOPE (718) 575-4500 <a href="https://sanctuaryforfamilies.org/our-approach/client-services/counseling-crisis-services/">https://sanctuaryforfamilies.org/our-approach/client-services/counseling-crisis-services/</a>	families, seniors	The New York City Family Justice Centers (FJCs) provides comprehensive civil legal, counseling and supportive services for survivors of domestic violence, elder abuse and sex trafficking. Located in all five boroughs, the FJCs are safe, caring environments that provide one-stop services and support. Key City agencies, community, social and civil legal services providers, and District Attorney's Offices are located on-site at the FJCs to make it easier for survivors to get help. Services are free and confidential.
Samuel Field Y CAPE	CAPE 59-28 Little Neck Pkwy, Little Neck, NY 11362 Selfhelp BRP Senior Center 45-25 Kissena Blvd, Flushing, NY 11355 Rego Park Senior Center 9329 Queens Blvd, Rego Park, NY 11374 (718)224-0566 Progr AM Contact: Yuanyuan Hu (917) 380-0211 CAPE Monday - Friday: 9:00 AM - 5:00 PM	Seniors age 60 and above	Samuel Field Y CAPE is an outpatient Mental Health Clinic for Queens residents aged 60 and over and their families and provides mental health services in Chinese at Selfhelp Benjamin Rosenthal Price Street Senior Center and Rego Park Senior Center. Individual, group and family therapy, psychiatric evaluations and medication monitoring are available to help cope with psychiatric, emotional and adjustment issues.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	Selfhelp BRP Senior Center Tuesday and Thursday: 8:30 AM - 4:00 PM Rego Park Senior Center Wednesday and Friday: 9:00 AM - 4:00 PM <a href="http://www.sfy.org/community-mental-health-services/">http://www.sfy.org/community-mental-health-services/</a>		
The Child Center of NY - Asian Outreach Program	Flushing Site 140-15B Sanford Ave. 2nd Floor Flushing, NY 11355 Elmhurst Site 81-14 Queens Blvd. Elmhurst, NY 11373  Flushing Site (718) 358- 8288 x 203 Elmhurst Site (718) 899- 9810 x 200 Monday - Thursday 9:00 AM - 9:00 PM Friday: 9:00 AM - 7:00 PM Saturday: 9:00 AM - 3:00 PM <a href="http://childcenterny.org">http://childcenterny.org</a>	All	The Child Center of NY - Asian Outreach Program is a dual- licensed Office of Mental Health (OMH) and Office of Alcohol Substance Abuse Services (OASAS) and offers mental health treatment for all age groups, alcohol and substance abuse servcie, groups, psychiatric evaluation and medication management, case management and community outreach services. Accepts Medicaid and major insurances. Offers sliding fee scales.
University Settlement - Consultation Center	175 Eldridge Street New York, NY 10002 (212) 453-4522 <a href="mailto:consultationcenter@universitysettlement.org">consultationcenter@universitysettlement.org</a> <a href="http://www.universitysettlement.org/us/programs/mental_health_services/consultation_center/">http://www.universitysettlement.org/us/programs/mental_health_services/consultation_center/</a>	All	University Settlement's Consultation Center provides innovative, comprehensive and culturally-sensitive mental health services to the Lower East Side and Chinatown communities offering services in Spanish, Cantonese, Mandarin and English. Supportive therapeutic services are available for family members and the program adopts integrated approach includes individual, group, couples and family therapy. As a State-licensed mental health clinic, the Consultation Center offers a wide variety of

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
			treatment options to community members confronting a complexity of problems, including: depression, anxiety, domestic violence, sexual abuse, family crisis, chronic mental illness, mid-life crisis, PTSD and psychiatric medication management.

## Educational/Cultural Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Apex for Youth	2 Rector Street, Suite 1312, New York, NY 10006 (212) 385-3574 Monday – Friday: 9:00 AM – 6:00 PM <a href="mailto:info@apexforyouth.org">info@apexforyouth.org</a> <a href="http://www.apexforyouth.org">http://www.apexforyouth.org</a>	1st to 12th grade	The suite of programs in Apex begins in elementary school, providing students with structured academic and social activities to improve their communication skills and provide opportunities to interact with adults. In the middle school and high school years, Apex encourages more personalized one-to-one mentoring to build deeper relationships with youth and address their specific needs. High school students also can access more rigorous academic assistance from Apex to prepare them for college. Specific services include mentor, education(test prep), athletics and after school programs.
Brooklyn Chinese-American Association - Afterschool and Summer	Public Schools 69, 94, 105, 160, 205 and 206/5006 8th Avenue Brooklyn, NY 11220 (718) 438-0008	Youths	



AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Camp			
Brooklyn Chinese-American Association - Early Childhood Education Center	812 54th Street Brooklyn, NY 11220/5002 8th Avenue Brooklyn, NY 11220  (718) 437-0596 (718) 438-0008	Pre-school youths	
China Institute in America	100 Washington Street New York, NY 10006 Temporary entrance: 40 Rector Street, New York, NY 10006  (212) 744-8181 Monday - Sunday: 10:00 AM-5:00PM Tuesday -Thursday: 10:00 AM-8:00PM <a href="mailto:info@chinainstitute.org">info@chinainstitute.org</a> <a href="http://www.chinainstitute.org">www.chinainstitute.org</a>	All	China Institute advances a deeper understanding of China through programs in education, culture, business and art in the belief that cross-cultural understanding strengthens the global community. No fees.
Chinatown Manpower Project, Inc.	70 Mulberry Street, 3rd Floor New York, NY 10013 (212) 571-1690 Monday -Friday: 9:00 AM-5:00 PM <a href="mailto:info@cmpny.org">info@cmpny.org</a> <a href="http://www.cmpny.org">www.cmpny.org</a>	Adolescents, Adults, Immigrants, Refugees	The Chinatown Manpower Project (CMP) provides comprehensive employment services, ESL classes, educational and literacy programs, economic development services, and vocational training including: computerized bookkeeping and accounting, basic office technology, and computer operation. Vocational English, pre-employment, and job search skills are integrated in each course offering. The Business Outreach Center provides entrepreneurial training, business consultation and technical assistance. Fees varies according to program.
Chinatown	273 Bowery Street	All	The Chinatown YMCA is a communitybase

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
YMCA	New York, NY 10002 (212) 912-2460 Monday - Friday: 6:00AM-11:00 PM Saturday: 7:00 AM-9:00 PM Sunday: 7:00 AM-8:00 PM Family Support Program: Monday - Friday: 9:00 AM-7:00 PM  <a href="mailto:chinatown@ymcanyc.org">chinatown@ymcanyc.org</a> <a href="http://www.ymcanyc.org/chinatown">www.ymcanyc.org/chinatown</a>		organization, offering programs in education, health, sports, and recreation with a focus on youth. Youth programs include: homework help, tutoring, afterschool activities, teen programs, athletic leagues, recreation, childcare, and summer and holiday day camps. Family counseling and support services, parenting classes, health screening and education, teen ESL classes, and seasonal special adult programs are also offered.  Fee varies according to program; financial assistance available
Chinese American Arts Council	456 Broadway 3rd Floor New York, NY 10013  (212) 431-9740 <a href="http://www.caacarts.org">http://www.caacarts.org</a>	All	Chinese American Arts Council aims to preserve the Chinese heritage within its own community and to introduce its culture to the greater New York community. It is the largest Chinese American arts presentation and service organization in the Eastern US.
Chinese-American Planning Council - Brooklyn Homecrest SACCC	Brooklyn Homecrest SACCC at P.S. 153 1970 Homecrest Avenue Brooklyn, NY 11229 (718) 627-6373 <a href="https://cpc-nyc.org/programs/school-age-child-care-services-cpc-brooklyn-branch/homecrest-saccc-ps-153">https://cpc-nyc.org/programs/school-age-child-care-services-cpc-brooklyn-branch/homecrest-saccc-ps-153</a>	Students	The Homecrest School-Age Child Care Center (SACCC) after-school program at P.S. 153 in Brooklyn offers a daily schedule that includes a healthy snack, homework help, small group academic tutoring as needed and physical exercise. Theme-based enrichment workshops are held twice a week and incorporate hands-on activities to stimulate the interest of children in the fields of science, technology, engineering and math (STEM). Once a week children will participate in a performing or creative arts activity which includes arts and crafts, music, dance or theatre.
Chinese-American Planning Council - Child Care	Chung Pak Day Care 125 Walker Street, 3rd Floor New York, NY 10013  (212) 343-9630 Program Contact: Mary Sikarevich Monday - Friday:	Children ages 3 to 5	Chung Pak provides opportunities for children to develop their own interests and aptitudes through a variety of hands-on activities. The curriculum also includes multicultural activities that promote appreciation of all cultures.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	8:30 AM to 5:45 PM <a href="https://cpc-nyc.org/programs/early-childhood-services/chung-pak-early-childhood-center">https://cpc-nyc.org/programs/early-childhood-services/chung-pak-early-childhood-center</a>		
Chinese-American Planning Council - Child Care	Confucius Plaza SADCC - P.S. 124 40 Division Street New York, NY 10002 (212) 925-4325 (212) 925-4325  <a href="https://cpc-nyc.org/programs/school-age-child-care-services/confucius-plaza-sacc-ps-124">https://cpc-nyc.org/programs/school-age-child-care-services/confucius-plaza-sacc-ps-124</a>	Children in kindergarten to fifth graders	an after-school program that provides a multilingual and multicultural curriculum to help children develop intellectually, socially and physically. This program offers tutoring, multicultural, recreational, artistic and community service programs to fully engage youth participants.
Chinese-American Planning Council - Child Care	COMPASS NYC after-school program 5800 20th Avenue Brooklyn, NY 11204  Telephone: (718) 621-8800 x.1940 Program contact: Jaimie Wu <a href="https://cpc-nyc.org/programs/youth-services/compass-nyc-franklin-d-roosevelt-hs">https://cpc-nyc.org/programs/youth-services/compass-nyc-franklin-d-roosevelt-hs</a>	Incoming 9th grade	The program provides youth activities including academic, emotional and social support. The program benefits incoming 9th grade participants by connecting them to the local community and other services while assisting them with adjusting to high school.
Chinese-American Planning Council - Child Care	Garment Industry Early Childhood Center 115 Chrystie Street, 2nd Fl. New York, NY 10002 (212) 219-2286 <a href="http://childcarecenter.us/provider_detail/garment_industry_day_care_center_new_york_ny">http://childcarecenter.us/provider_detail/garment_industry_day_care_center_new_york_ny</a>	2 years old - 5 years old	This program is one of the few day care centers in Manhattan that offer an Infant/Toddler Program and a Pre-School Program and provides readiness skills so children are prepared when entering kindergarten and first grade.
Chinese-American	Jacob Riis Child Care Center 108 Avenue D	Infants from ages 6 months to young children	The Jacob Riis Early Childhood Center prepares children to succeed socially, emotionally, cognitively

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Planning Council - Child Care	New York, NY 10009  (212) 533-9138 <a href="https://cpc-nyc.org/programs/early-childhood-services/jacob-riis-early-childhood-center">https://cpc-nyc.org/programs/early-childhood-services/jacob-riis-early-childhood-center</a>	up to 5 years old	and physically through use of the Creative Curriculum, and all best practices included in NYS and City requirements for early childcare services.
Chinese-American Planning Council - Child Care	Little Star of Broome Street 131-151 Broome Street New York, NY 10002 (212) 673-2680 (212) 673-2681 Pre-school: Monday - Friday 8:00 AM to 6:00 PM School-age: Monday - Friday 3:00 PM to 6:00 PM Holidays & summer: 8:00 AM to 6:00 PM <a href="https://cpc-nyc.org/programs/early-childhood-services/little-star-broome-day-care">https://cpc-nyc.org/programs/early-childhood-services/little-star-broome-day-care</a>	All children	Little Star of Broome Street Early Childhood Center mission is to provide a quality education program in a safe and nurturing environment for all children, regardless of their family's financial background and to inspire, educate and involve families in all domains of their child's learning: social emotional, physical, nutritional, cognitive and language development.
Chinese-American Planning Council - Child Care	Pike Street SADCC - P.S. 2 122 Henry Street, Room 109 New York, NY 10002  (646) 532-1244 Program contact: Linda Lew  <a href="https://cpc-nyc.org/programs/school-age-child-care-services/pike-street-saccc-ps-2">https://cpc-nyc.org/programs/school-age-child-care-services/pike-street-saccc-ps-2</a>		The Pike Street School-Age Child Care Center's after-school program at P.S. 2 offers a daily schedule that includes a healthy snack, homework help, small group academic tutoring as needed and physical exercise. Theme-based enrichment workshops are held twice a week and incorporate hands-on activities to stimulate the interest of children in the fields of science, technology, engineering and math (STEM).
Chinese-American Planning Council - Child Care	Queens Day Care - P.S. 20 142-30 Barclay Avenue Flushing, NY 11355  (718) 358-8899 x.720	Elementary school-age children	CPC pioneers thematic project-based SPICCE learning (the social, physical, intellectual, creative, cultural and emotional development of the whole child).

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	School Location (after 2:30pm): (718) 358-8899 (718) 358-7602  <a href="https://cpc-nyc.org/programs/school-age-child-care-services-cpc-queens-branch/queens-saccc-ps-20">https://cpc-nyc.org/programs/school-age-child-care-services-cpc-queens-branch/queens-saccc-ps-20</a>		
Chinese-American Planning Council - Project Gateway - College Counseling and Resource Center	150 Elizabeth Street New York, NY 10012  (212) 941-0920 x145 <a href="https://cpc-nyc.org/programs/youth-services/project-gateway-college-counseling-center">https://cpc-nyc.org/programs/youth-services/project-gateway-college-counseling-center</a>	Students	The Project Gateway College Counseling Center helps students achieve their higher education goals by providing free individual college counseling, education, school visits and early college awareness workshops essential to a successful college application process. Students range from recent immigrants who speak very little English to second generation immigrants attending prestigious high schools.
Chinese-American Planning Council - Youth Services	Beacon - IS 220 4812 9th Avenue Brooklyn, NY 11220  (718) 431-2320 Director: Xiu Mei (Mimi) Zhu Program contact: Fatima Balancier Monday - Friday: 1:00 PM.-9:00 PM Saturdays 10:00 AM-4:00 PM <a href="https://cpc-nyc.org/programs/youth-services-cpc-brooklyn-branch/beacon-is220">https://cpc-nyc.org/programs/youth-services-cpc-brooklyn-branch/beacon-is220</a>	Youth ages 6+ and adults	The Center's goal is to provide services to the influx of diverse populations in the surrounding area by creating an atmosphere that promotes cultural awareness, inclusiveness and self-sufficiency, while keeping the community CPC's number one priority. Include: Summer Camp, after-school Services,ESL Classes, recreational and arts activities, Teen Leadership and Community Service Initiatives
Hamilton-Madison House-Music School,	50 Madison Street, New York, NY 10038	4.5 years old to adults	The Music School provides accessible and affordable music lessons in violin, piano, viola, guitar, and steelpan for children starting at age 4.5 and for adults and offers music instruction to students with special

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Immigrant & Community Services, Smith Naturally Occuring Retirement Community (NORC)	(212) 349-3724		needs on a case by case basis after an interview with the Music School Director. Classes take place on Saturdays and select evenings during the school year. One month summer intensive lessons are offered to select students. Immigrant Services legal assistance, health screenings, financial counseling, case- management services to help local residents negotiate the complex and bureaucratic system of accessing benefits; application assistance and advocacy, walk-in services including translation services and completing forms, information and referral to legal, housing and other social services, public education workshops and adult ESL and computer classes.
University Settlement- Houston Street Center	273 Bowery New York, NY 10002 Alison Smith, Assistant Director: (212) 475-5008 Courses run on Thursday, Saturday and Sunday <a href="mailto:Alisons@universitysettlement.org">Alisons@universitysettlement.org</a> <a href="mailto:houstonstreetcenter@universitysettlement.org">houstonstreetcenter@universitysettlement.org</a> <a href="http://www.universitysettlement.org/us/programs/houston_street_center/">http://www.universitysettlement.org/us/programs/houston_street_center/</a>	Children ages 4-12 and Teens/ Young Adults ages 15-25 with a wide range of special needs.	The program offers courses including: Lego Creations, Imagination Playground, Swimming, Baking, Gardening, Drama, Sports and Dance, Computers and Technology, Expression and Communication for Career Development, Yoga, QiGong, Zumba and also offers family classes. A range of programs geared towards the entire family include free community events, low-cost swimming and fitness classes for all ages, a middle school after-school program and summer camp and a regularly updated art exhibition. The center also provides a comprehensive health and wellness program for seniors, including an osteoporosis prevention program. Fees range from \$50-100 for a full 8 week session.
University Settlement - Other Branches	P.S. 63 121 E 3rd St New York, NY 10009 (212) 674-3180 Monday - Friday from September to June	Pre K to 5th grade	Pre-K for All gives children stronger math and reading skills in elementary school and a better chance at success in life. Programs build on the strengths and diverse backgrounds that children and families bring to the classroom to support all learners in gaining foundations for success in school, at home, and in life.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<a href="mailto:PS63@gmail.com">PS63@gmail.com</a> <a href="http://www.staracademyps63.com/">http://www.staracademyps63.com/</a>		<p>Most pre-K options are on a full-day schedule (6 hours and 20 minutes). Some 5-hour and half-day (2 hours and 30 minutes) options are also available.</p>
University Settlement - Summer Day Camp	175 Eldridge Street New York, NY 10002 (212) 598-4533 <a href="mailto:beacon@universitysettlement.org">beacon@universitysettlement.org</a> <a href="http://www.universitysettlement.org/us/programs/youth/summer_camp/">http://www.universitysettlement.org/us/programs/youth/summer_camp/</a>	Elementary-school aged youths	<p>Every summer, University Settlement operates five dynamic Summer Camps for elementary-age children who would otherwise have few opportunities for a meaningful summer vacation. These dynamic and fun-filled day camps integrate a diverse on-site program that includes academics, arts and athletics, with a full itinerary of field trips that allows children to experience the tremendous resources that New York City has to offer.</p> <p>All of the programs are carefully constructed to respond to the specific developmental needs of children as they move through their elementary years. Many of the campers attend our After-School Programs during the school year, allowing for continuity of both staff and content.</p>
University Settlement - Early Childhood Center	184 Eldridge Street New York, NY 10002 (212) 453-4584 <a href="mailto:ecc@universitysettlement.org">ecc@universitysettlement.org</a> <a href="http://www.universitysettlement.org/us/programs/early_childhood/">http://www.universitysettlement.org/us/programs/early_childhood/</a>	Families of children aged 3	<p>University Settlement offers low-income parents high-quality early childhood programs and provides literacy and math curriculums, small classes and multi-lingual teachers.</p>