

Chinese Community Resource Guide

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Chinese-American Family Alliance
For Mental Health



This guide is generously funded by the CAMS-CAIPA Community Service Fund, UA3, and NY Coalition for Asian American Mental Health

Resource Guide Tip Sheet

In case of emergency, please call 911 immediately.

1. Refer to the guide:

You can identify agencies providing the services you need according to location, program description, and language capacity.

2. Before you call the agency:

- a. Make sure to have important documents and a pen with you. The agency may need your insurance card, medication list, treatment record, etc.
- b. Write down why you are calling, what do you need, and any questions you may have.

3. During the call:

- a. Be prepared that the person who answers your call does not speak Chinese. To access language interpretation services in Chinese, please tell the staff person “Cantonese” or “Mandarin” in English and wait for an interpreter. Often they will put you on hold. Do not hang up!
- b. Tell the staff member or interpreter the purpose you are calling. Take down the name of the person you spoke with and how and when he or she will get back to you.
- c. If you reach the agency’s voicemail, leave a message slowly and clearly with your name and telephone number. Repeat your name and number twice.

4. Follow up as needed:

If you do not hear back from the agency in two business days, call again.

Please share your tips with us! We are always looking to improve and collaborate with the community. Please feel free to contact us at 929-367-8886 or cafamhny@gmail.com

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Social Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Access-A-Ride	(877) 337-2017 mta.info/nyct/paratran/guide.htm	Individuals who are mass- transportation disabled.	Vans will transport eligible individuals door-to-door anywhere in the five boroughs of New York City. Advance reservations, shared ride, some restrictions. One to two days needed for advance reservation riders. Must call the toll free number provided for info or to apply.
Advocates for Children of New York, Inc.	151 West 30th St. 5th Floor New York, NY 10001 (866) 427-6033 (212) 947-9779 Monday - Thursday: 10 :00 AM - 4:00 PM info@advocatesforchildren.org www.advocatesforchildren.org	Birth to age 26 for low-income	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals.
Archdiocese of NY Catholic Charities	80 Maiden Lane 13th floor New York, NY 10038 (800) 566-7636 (212) 419-3700 http://catholiccharitiesny.org/	Individuals and families in need of assistance pertaining to immigration	General immigration drop-ins accepted every Thursday (except holidays) from 8:00 AM - 10:00 AM. Please call in advance to confirm. Also provides services for unaccompanied minors.
Asian Americans For Equality, Inc.	2 Allen St, 6B New York, NY 10002	All	Asian Americans for Equality, Inc. (AAFE) is a community-based, not-for-profit organization committed towards community service and

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	(212) 979-8381 Monday - Friday: 9:00 AM-5:00 PM askaafe@aafe.org www.aafe.org		empowerment targeting immigrants, low-income families, and minorities throughout New York City. The array of programs offered by AAFE encompasses the organization's comprehensive approach to community development through: <ul style="list-style-type: none"> • Affordable housing development • Small business assistance and homeownership • Property management • Services to emerging communities • Housing, social, and legal services • Access to technology • Public policy and advocacy. No fees.
Asian Americans For Equality, Inc. - Other Branches	AAFE Community Center for seniors 111 Norfolk Street New York, NY 10002 (212) 358-9922	All	Comprehensive services for senior citizens (e.g. food stamp applications, social activities, etc.)
Asian Americans For Equality, Inc. - Other Branches	AAFE Community Development Fund 2 Allen St, 7th Fl, New York, NY 10002 (212) 964-2288	All	Home owner education counseling and financial counseling
Asian Americans For Equality, Inc. - Other Branches	AAFE Housing & Immigration Services 111 Division Street New York, NY 10002	All	Provide housing and immigration services. Also provides assistance to people under age 65 with medical insurance applications

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	(212) 979-8988		
Asian Americans For Equality, Inc. - Other Branches	Stanton Norfolk, Inc. Inc. 141 Norfolk Street New York, NY 10002 (212) 477-2265	All	Property management services
Asian Americans For Equality, Inc. - Other Branches	AAFE QUEENS 3534 Union St Flushing, NY 11354 (718) 961-0888	All	
Asian Americans For Equality, Inc. - Other Branches	Renaissance Economic Development Corporation 2 Allen Street New York, NY 10002 (212) 964-6022 Info@renaissance-ny.org	All	Technical assistance for small businesses; financial programs and education (entrepreneurship programs, small business education); legal advice counseling
Asian Americans For Equality, Inc. - Other Branches	AAFE Brooklyn 807 48th Street Brooklyn, NY 11220	All	First time home buying programs, business loans, immigration, smoking cessation, metrocard for seniors, youth programs (classes, workshops)

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	(718) 686-8223		
Asian Women's Christian Association	9 Genesee Avenue Teaneck, NJ 07666 (201) 862-1665 Monday - Friday: 9:00 AM-5:00 PM info@awcanj.org www.awcanj.org	All	The Asian Women's Christian Association (AWCA) is a nonprofit organization operated by funds raised through grants, charity events and donations. AWCA provides outreach, behavioral health, social welfare, health awareness, educational, and senior services for Asian Americans. Fees are based upon a sliding scale
Benefits Plus Learning Center	633 Third Ave 10th Floor New York, NY 10017 (212) 614-5338 (212) 614-5473 http://benefitsplus.cssny.org	Individuals and families who have questions or need benefits counseling	Benefits counseling and information and referral regarding SSI, SSDI, Food Stamps, Medicaid, cash assistance, Medicare and more. Assistance by phone or by appointment only. No walk-ins.
Big Brother Big Sisters of NYC/ New American Partnership	40 Rector Street 11th Floor New York, NY 10006 (212)686-2042 help@bigsnyc.org <u>Diego Romero</u> <u>our Director of Community Outreach</u> at dromero@bigsnyc.org. www.bigsnyc.org	Adolescents (teenagers), Children (pre-teen), Immigrants	Big Brothers Big Sisters of New York City began in 1904 as the first formalized mentoring program in the United States. The New American program is unique at matching mentors with children of immigrant families to form a one-to-one relationship. This initiative is designed to address the needs of children and youth ages 7 to 17 who are adapting to a new culture, language, and customs.
Borinquen Plaza Senior Center	80 Seigel Street, Brooklyn, NY 11206 (718) 782-6335 Monday - Friday: 8:00 AM-4:00 PM	Older adults age 60 and older	The Borinquen Plaza Senior Center's primary goal is to enhance the wellbeing of community residents who are 60 years of age or older. The center serves breakfast and lunch Monday to Friday. Homebound seniors are able to receive nutritious meals through the center. Lectures and discussions are also offered on various health topics.

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			Offer a mental health program for members. Also offer computer classes, social events, etc. Membership card fee at no cost. Voluntary contribution for meals (breakfast suggested contribution is 75 cents, and lunch \$1.25)
Brooklyn Chinese-American Association	5000 8th Avenue Brooklyn, NY 11220 (718) 438-0008 Monday - Friday: 8:00 AM-5:00 PM www.bca.net	All	The Brooklyn Chinese-American Association is a multi-human services and community development organization servicing the Asian American population in Brooklyn. It offers: <ul style="list-style-type: none"> • Social services with government on-site interviews, senior citizen services • Community and client advocacy • Group and family day care services • Multi-youth services • Public school parents and teachers advisory board • MR/DD services • Adult and senior employment programs • ESOL and citizenship programs • Crime prevention and victims services • Community economic development and housing development projects • Brooklyn Chinese Monthly Newspaper • Other community affairs programs.
Brooklyn Chinese-American Association - Other Branches	Executive Office & Community Center 5000 8th Avenue Brooklyn, NY 11220 (718) 438-0008	All	
Brooklyn Chinese-	Day Care Center 5002 8th Avenue	Youths	

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American Association - Other Branches	Brooklyn, NY 11220 (718) 438-4136 (718) 438-0008		
Brooklyn Chinese-American Association - Other Branches	Sunset Park Senior Citizens Center 5007 7th Avenue Brooklyn, NY 11220 (718) 436-6702	Older adults age 60 and older	
Brooklyn Chinese-American Association - Other Branches	Avenue U Senior Citizens Center 2072 East 15th Street Brooklyn, NY 11229 (718) 339-9588	Older adults age 60 and older	
Brooklyn Chinese-American Association - Other Branches	Sixth Avenue Senior Center 545 60th Street Brooklyn, NY 11220 (718) 567-9311	Older adults age 60 and older	

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Brooklyn Chinese-American Association - Other Branches	Bensonhurst Senior Center 6809 20th Avenue Brooklyn, NY 11204 (718) 331-3088	Older adults age 60 and older	
Brooklyn Chinese-American Association - Other Branches	Community Education Center 5006 8th Avenue Brooklyn, NY 11220 (718) 438-0678 (718) 438-0008	All	
Brooklyn Chinese-American Association - Other Branches	Community Activity Center 5007 7th Avenue Brooklyn, NY 11220 (718) 438-9312	All	
CAAAV: Organizing Asian Communities	55 Hester Street, Storefront New York, NY 10002 (212) 473-6485 justice@caaav.org www.caaav.org	Tenants in Chinatown area who are facing eviction and violence	CAAAV: Organizing Asian Communities (also known as Committee Against Anti-Asian Violence) focuses on institutional violence that affects immigrant, poor and working class communities such as worker exploitation, concentrated urban poverty, police brutality, Immigration Naturalization Service detention and deportation, and criminalization of youth and workers. No fees.

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CAMBA, Inc.	1720 Church Avenue, 2nd Floor Brooklyn, NY 11226 (718) 287-2600 Monday - Friday: 9:00 AM - 5:00 PM info@camba.org www.camba.org	All	CAMBA is a nonprofit agency that offers integrated programs in six different areas: <ul style="list-style-type: none"> • Economic Development • Education & Youth Development • Family Support Services • HIV/AIDS Services • Housing Services & Development • Legal Services. Visit website or call to find specific service locations. No fees.
Center for Independence of the Disabled in New York (CIDNY)	841 Broadway Suite 301 New York, NY 10003 (212)674-2300 info@cidny.org http://www.cidny.org/	Persons with all disabilities and their families	Benefits counseling, information and referral for SSI, SSDI, Food Stamps, Public insurance and other public benefits. Advocacy with appeals, hearings, guardianship issues. Building is wheelchair accessible.
The Child Center of NY - Asian Outreach Program	Flushing Site 140-15B Sanford Ave. 2nd Floor Flushing, NY 11355 Elmhurst Site 81-14 Queens Blvd. Elmhurst, NY 11373 Flushing Site (718) 358- 8288 x 203 Hours Monday - Thursday 9:00 AM - 9:00 PM Friday: 9:00 AM - 7:00 PM Saturday: 9:00 AM - 3:00 PM Elmhurst Site (718) 899- 9810 x 200	All	The Child Center of NY - Asian Outreach Program is a dual- licensed Office of Mental Health (OMH) and Office of Alcohol Substance Abuse Services (OASAS) and offers mental health treatment for all age groups, alcohol and substance abuse servcie, groups, psychiatric evaluation and medication management, case management and community outreach services. Accepts Medicaid and major insurances. Offers sliding fee scales.

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	Hours Monday 9:00 AM - 5:00 PM Tuesday - Thursday 9:00 AM - 9:00 PM Friday 9:00 AM http://childcenterny.org		
Chinatown Headstart Corporation	180 Mott Street New York, NY 10012 (212) 226-5000 (212) 226-5001 Monday - Friday: 8:30AM-4:00 PM chinaheadstart@aol.com	Children, Immigrants	Chinatown Head Start provides child development services for children ages 3 to 5 years old. Lunch and snack are provided daily. New York State certified bilingual teachers ensure that children can grow and learn through participation in different activities in a warm, supportive and nurturing environment. No fees.
CMP (formerly Chinatown Manpower Project, Inc.)	70 Mulberry Street New York, NY 10013 (212) 571-1690 Monday -Friday: 9:00 AM-5:00 PM info@cmpny.org www.cmpny.org	Adolescents, Adults, Immigrants, Refugees	The Chinatown Manpower Project (CMP) provides comprehensive employment services, ESL classes, educational and literacy programs, economic development services, and vocational training including: computerized bookkeeping and accounting, basic office technology, and computer operation. Vocational English, pre-employment, and job search skills are integrated in each course offering. The Business Outreach Center provides entrepreneurial training, business consultation and technical assistance. Fees varies according to program.
Chinatown YMCA	273 Bowery Street New York, NY 10002 (212) 912-2460 Monday - Friday: 6:00AM-11:00 PM	All	The Chinatown YMCA is a communitybase organization, offering programs in education, health, sports, and recreation with a focus on youth. Youth programs include: homework help, tutoring, afterschool activities, teen programs, athletic leagues,

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	Saturday: 7:00 AM-9:00 PM Sunday: 7:00 AM-8:00 PM chinatown@ymcanyc.org www.ymcanyc.org/chinatown		recreation, childcare, and summer and holiday day camps. Health screening and education, teen ESL classes, and seasonal special adult programs are also offered. Fee varies according to program; financial assistance available
Chinese Consolidated Benevolent Association	62 Mott Street New York, NY 10013 (212) 226-6280 Monday -Sunday: 10:30 AM-6:00 PM ccbany@yahoo.com www.ccbany.org	Adults, Children, Immigrants	The Chinese Consolidated Benevolent Association (CCBA) addresses the needs of the immigrant Chinese American community with information and referral services. The Association organizes cultural and social festivals and activities. The New York Chinese School and Adult English Classes are separate programs affiliated with CCBA and located in the same building. Fees Only for the Chinese School, Day Care Center, and Adult English classes; vary according to the program
Chinese Methodist Center Corporation	69 Madison Street New York, NY 10002 (212) 349-2703 (212) 349 - 1583 Monday - Friday: 9:00 AM-6:00 PM cmcc@cumc-nyc.org http://chinesemethodistcentercorp.webs.com	Adolescents, Adults, Children, Immigrants	The Chinese Methodist Center Corporation (CMCC) serves as a center for education, counseling, culture, recreation, and service for the metropolitan New York Chinese community. Specific programs include: <ul style="list-style-type: none"> • Day care, afterschool programs, and Chinese language classes for children • Youth programs for teens • ESL classes for new immigrants • Summer day camp for 5 to 13 year olds. Fees vary according to program
Chinese Staff and Workers' Association	345 Grand Street, Unit 1W Ground Floor New York, NY 10002 P.O. Box 130401 New York, NY 10013 (212) 334-2333 Monday-Friday: 11:00 AM-7:00 PM	Adults, Immigrants	The Chinese Staff and Workers' Association provides comprehensive programs for the immigrant Chinese community, which address living and working conditions, job equality, and employee health and safety. The Association's organizing and educational programs are: Beyond Ground Zero network, Occupational Health and Safety Project, Garment Workers' Committee, Women's Project, Chinese

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	Intake Hours: Monday, Wednesday, Friday: 12:00 PM-5:00 PM cswa@cswa.org www.cswa.org		Construction Workers' Association, Restaurant Workers' Committee, English and citizenship classes. Membership Fee \$30/year
Chinese-American Family Alliance for Mental Health/CAFA MH	Monthly meeting location: 168 Centre Street 3rd floor, New York, NY 10013 (at the corner of Canal St.) (917)773-8624/(929)367-8886 Meeting every fourth Tuesday of the month cafamhny@gmail.com http://www.cafamh.org	Family members for people with mental illness	Chinese-American Family Alliance for Mental Health (CAFAMH) seeks to promote self-empowerment and mutual support among Chinese-American caregivers of mentally ill individuals by providing a safe space for family support group meetings. Usually every fourth Tuesday of the month, CAFAMH holds family support group meetings in Cantonese and Mandarin. Our meetings provide a safe space for caretakers to connect and learn about different health topics led by our mental health professionals. Other services, including special and festive events, and online newsletter.
Chinese-American Planning Council	150 Elizabeth Street New York, NY 10012 (212) 941-0920 Monday-Friday: 9:00 AM-6:00 PM cpc@cpc-nyc.org www.cpc-nyc.org	All	The Chinese-American Planning Council (CPC) provides a wide variety of services falling under the following categories: Employment and training, day care services, multi-social services, senior citizen services, youth services, cultural arts. These programs aim to improve the quality of life among both new immigrants and established Asian Americans. Fees vary according to program
Chinese-American Planning Council - Brooklyn Community Services	Multi-Social Services 4101 8th Avenue 4th & 5th Fl Brooklyn, NY 11232 (718) 492-0409	All	The Brooklyn Community Center serves the Sunset Park area of Brooklyn and surrounding areas and offers senior services, multi-social services and a wide range of youth and workforce activities.

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	https://cpc-nyc.org/programs/cpc-brooklyn-community-center		
Chinese-American Planning Council - Brooklyn Senior Services	4101 8th Avenue 4th & 5th Fl Brooklyn, NY 11232 (718) 492-0409 https://cpc-nyc.org/programs/senior-services-cpc-brooklyn-branch/brooklyn-senior-program-gmhi	Older adults age 55 and older	Our current services include the Geriatric Mental Health Initiative (GMHI), which provides screening tools, supportive counseling, case management and presentations for seniors as well as health education workshops. We also host a variety of traditional and modern activities that are both engaging and stimulating for seniors. Activities include singing and dancing, Tai Chi, arts and crafts, computer classes, ESL class, gardening, Bingo, holiday events, field trips and tea talks.
Chinese-American Planning Council - Chinatown Senior Citizen Center	70 Mulberry Street New York, NY 10013 (212) 233-8930 (212) 233-8930 Program contact: Jenny Tran https://cpc-nyc.org/programs/senior-services/chinatown-senior-citizen-center	Older adults age 60 and older	The Chinatown Senior Citizen Center provides lunches, case assistance, field trips, physical exercise, recreational and educational classes for seniors. Health workshops are also provided monthly.
Chinese-American Planning Council - Hospitality Careers	Manhattan 165 Eldridge Street 2 FL New York, NY 10002 (212)-941-0041 Program contact: Annette Montalvo	Students	The Hospitality Careers Training Program employs a variety of strategies for student employment in a range of positions, such as Room Attendants, Housemen and Kitchen Stewards. Students gain a meaningful insight into the ever-changing landscape of the hotel industry as well as: <ul style="list-style-type: none"> • Free career training

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Training Proram	https://cpc-nyc.org/programs/workforce-development-cpc-queens-branch/hospitality-careers-training-program		<ul style="list-style-type: none"> • Skill development and instruction from industry experts • Resume and interview workshops • Application screenings for employers • Job retention and workplace etiquette • Job referrals and placement assistance • Post-hire support and follow-up
Chinese-American Planning Council - Nan Shan Senior Center	<p>136-18 39th Avenue, 6th Floor Flushing, NY 11354</p> <p>(718) 358-3030 Program contact: Michael Wang</p> <p>https://cpc-nyc.org/programs/senior-services-cpc-queens-branch/nan-shan-senior-center</p>	Older adults age 60 and older	The Nan Shan Senior Center in Flushing provides seniors ages 60+ with lunch, ESL classes, culture and art programs, education, health management, exercise classes as well as health and nutrition seminars and case assistance.
Chinese-American Planning Council - Queens Branch Office	<p>133-14 41st Avenue, Flushing, NY 11355</p> <p>(718) 358-8899</p>	All	
Chinese-American Planning Council - Senior Community Service Employment	<p>136-18 39th Avenue, 8th Floor Flushing, NY 11354</p> <p>(718) 358-8899; Program contact: Penny Shen</p> <p>https://cpc-nyc.org/programs/senior-services-</p>	<p>Participants must be at least 55, unemployed and have a family income of no more than 125% of the federal poverty level. Enrollment priority is as follow: Veterans and qualified spouses</p>	CPC SCSEP participants gain work experience in a variety of community service activities at non-profit and public facilities, including schools, hospitals, day-care centers and senior centers. Participants work an average of 20 hours a week and are paid the highest of federal, state or local minimum wage. This training serves as a bridge to unsubsidized employment opportunities for participants.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Program (SCSEP)	cpc-brooklyn-branch-cpc-queens-branch/senior-community-service-employment	Individuals who are over 65 Have a disability Have low literacy skill	
Chinese-American Planning Council - Workforce Development Division	150 Elizabeth St. New York, NY 10012 (212) 941-0041 https://cpc-nyc.org/programs/workforce-development	All	The primary mission of this program is to provide advanced services, skill upgrades, and employment related resources to individuals who are motivated to advance their careers. CPC's education, training, placement, and post placement support service methods are characterized by its highly individualized and goal-oriented approach.
Chinese-American Planning Council - Youth Services	Project Reach 39 Eldridge Street, 4th Floor New York, NY 10002 (212) 966-4227 https://cpc-nyc.org/programs/youth-services/project-reach	Youth	Main Programs and Initiatives Include: Substance Abuse Training: Teen Intervene (an early intervention program providing 1-on-1 drug and alcohol counseling for students 12-19 years old who attend our in-house programs, our workshops and training series and identity-specific support groups (LGBTQ, young women, young men) Drug Abuse Training: Project Towards No Drug Abuse (a 12-session, motivation-decision-making workshops for high school-aged youth participants) Life Skills Training: a 10-unit early intervention training for middle and high school-aged youth participants
Coalition for Asian American Children and Families	50 Broad Street, 18th Floor New York, NY 10004 (212) 809-4675 Monday-Friday: 9:00 AM-5:00 PM	Adolescents, Children, Families, Immigrants	The Coalition for Asian American Children and Families is an advocacy organization striving to ensure that all families have access to quality, culturally appropriate children's services. Initiatives include: Training for service providers, community education, recommendations and

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	Weekends by appointment cacf@cacf.org www.cacf.org		reports on the needs of Asian American children,parent advocacy group. Key advocacy areas include child abuse/neglect prevention, education, mental health, and afterschool programs. No fees
Cooley's Anemia Foundation	330 7th Avenue, #200 New York, NY 10001 (800) 522-7222 Monday-Friday: 9:00 AM-5:00 PM info@cooleysanemia.org www.thalassemia.org	Adolescents, Adults, Children, Families, Immigrants	The Cooley's Anemia Foundation (CAF) is dedicated to serving people afflicted with various forms of thalassemia, Cooley's anemia or thalassemia major. CAF works to educate those in the Asian community about thalassemia and thalassemia trait, especially those who are thinking about having a child. CAF also has an extensive patient services program that provides physician referrals, helps patients with insurance issues, keeps patients up-to-date on recent developments and advocates with the public and elected officials on behalf of the thalassemia community. No fees.
Early Childhood Direction Center (ECDC) at New York Presbyterian Hospital	409 E. 60th St. Suite 3-312 New York, NY 10022 (212) 746-6175 Monday - Friday: 9:00 AM - 5:00 PM ecdc@nyp.org www.nyp.org/ecdc	Children age 0 to 5 with diagnosed or suspected special needs	Advocacy information on educational, medical and financial benefits issues.
First Chinese Presbyterian Community Affairs - Home Attendant Corporation	30 Broad St. 6th Floor New York, NY 10004 (212) 226-2765 Program Contact: Marilyn Rubinstein homecare@fcpcnyc.org	Disabled, Older Adults	The Home Attendant Corporation is licensed by the New York State Department of Health to provide personal care services to disabled and senior citizens. Home care workers provide personal care, cooking, cleaning, shopping, and assistance with other activities of daily living which allows disabled and elderly individuals to reside safely at home.

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Garden of Hope-New York	<p>www.fcpc.org/caffairs.html</p> <p>P.O. Box 520048 Flushing, NY 11352 (877)990-8595 (718) 321-8862 Monday-Friday: 9:00 AM-5:00 PM Help line: (877) 990-8595 ylcgoh@gmail.com www.gohny.org</p>	Women and their families, Seniors, Youth	<p>Fees based on Medicaid surplus income threshold</p> <p>Garden of Hope is dedicated to serving, caring and rebuilding the lives of victims of domestic violence, sexual assault and human trafficking, particularly new Chinese immigrants. Garden of Hope, located in the new immigrant urban area, has provided services to hundreds of families through: Culturally relevant crisis intervention, individual counseling, support groups, advocacy & case management, translation services, referrals.</p> <p>Work closely with the community, and have greatly raised public awareness of domestic violence prevention and recovery through weekly broadcasts, newspaper features, newsletters and workshops.</p>
General Human Outreach in The Community Inc.	<p>12510 Queens Blvd suite 2705 Kew Gardens NY 11415 (718)261-6552 (718)307-6563 Pat@ghoinc.org www.ghoinc.org</p>	people with developmental disabilities	New York State Office for the People with Developmental Disabilities (OPWDD) certified services to provide individuals with developmental disabilities in any ages.
Hamilton-Madison House	<p>Behavioral Health Services, Administrative Offices 253 South Street, New York, NY 10002</p> <p>(212) 349-3724 Asian American Recovery program (212) 720-4520 ext. 531</p> <p>http://www.hamiltonmadisonhouse.org/programs.html</p>	All	<p>Hamilton-Madison House provides culturally and linguistically sensitive individual and group counseling for Chinese, Japanese, Korean and Southeast Asian clients, PROS(Personalized Recovery Oriented Services), Asian American Recovery Services (for substance use disorder and addiction services), Gambling Prevention Program, and a Supported Housing program.</p> <p>Other outpatient services including: diagnostic assessment, psychiatric and psychological evaluation, couple, marital, family therapy, psychosocial education and play therapy, medical management, community</p>

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Hamilton-Madison House	<p>Music School, Immigrant & Community Services, Smith Naturally Occuring Retirement Community (NORC) 50 Madison Street, New York, NY 10038</p> <p>(212) 349-3724</p>	Children age 4.5 to adults	<p>outreach, and professional consultation to service providers.</p> <p>The Music School provides accessible and affordable music lessons in violin, piano, viola, guitar, and steelpan for children starting at age 4.5 and for adults and offers music instruction to students with special needs on a case by case basis after an interview with the Music School Director. Classes take place on Saturdays and select evenings during the school year. One month summer intensive lessons are offered to select students.</p> <p>Immigrant Services legal assistance, health screenings, financial counseling, case- management services to help local residents negotiate the complex and bureaucratic system of accessing benefits; application assistance and advocacy, walk-in services including translation services and completing forms, information and referral to legal, housing and other social services, public education workshops and adult ESL and computer classes.</p>
Hamilton-Madison House	<p>Child Care Centers 60 Catherine Street, New York, 10038 77 Market Street, New York, NY 10038 253 South Street, New York, NY 10002 129 Fulton Street, New York, NY 10038</p> <p>(212) 349-3724 Catherine St: (212)962-3408</p>	2 months to 6 years old	<p>The mission is to foster the healthy development of children through the holistic provision of early childhood education, health services, nutritional assistance, and social services to families.</p>

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Hamilton-Madison House	Knickerbocker Village Naturally Occuring Retirement Community (NORC) 36 Monroe Street, New York, NY 10038 (212) 349-3724	Older adults age 60 to 90	The programs and centers serve older people who speak eight different languages and dialects. Hamilton-Madison House also provides caregivers and families caring for seniors with resources, information and support to assist their loved ones.
Hamilton-Madison House	Two Bridges Senior Apartments Senior Service 80 Rutgers Slip, New York, NY 10002 (212) 349-3724	Older adults age 60 to 90	The programs and centers serve older people who speak eight different languages and dialects. Hamilton-Madison House also provides caregivers and families caring for seniors with resources, information and support to assist their loved ones.
Hamilton-Madison House	City Hall Senior Center 100 Gold Street New York, NY 10038 (212) 788 5580	Older adults age 60 to 90	The programs and centers serve older people who speak eight different languages and dialects. Hamilton-Madison House also provides caregivers and families caring for seniors with resources, information and support to assist their loved ones.
Indochina Sino-American Community Center	170 Forsyth Street, 2nd Floor New York, NY 10002 General Operator: (212) 226-0317 Direct Line: (212) 253-1532 Monday-Friday: 9:00 AM - 5:00 PM	Adolescents, Adults, Elderly, Families, Immigrants, Refugees	The Indochina Sino-American Community Center (ISACC) provides social services and programs. Services include referral, translation, employment, and counseling. ISACC offers ESL classes, citizenship preparation classes, and the Senior Community Service Employment Program (SCSEP) to senior citizens ages 55 and over.

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	isacenter@netzero.net http://www.isacc-ny.org/		Field trips, health care seminars, and many cultural, recreational and intergenerational activities/programs are frequently organized. A scholarship program has been created to meet the needs of ISACC members' children and grandchildren. Fees vary according to program
Legal Aid Society Access to Benefits Hotline	(888) 663-6880 Tuesdays, Wednesdays and Thursdays: 9:30 AM - 12:30 PM https://www.legalaidnyc.org/	New York City residents	Assistance with health law, Medicaid issues, problems with public assistance/food stamps, special education and employment/unemployment benefits matters. Also assist callers interested in sealing their criminal convictions. On the first and third Tuesdays of each month, the Helpline is open for Health Law and Medicaid advice from 9:30 am-12:30 pm.
Lower Eastside Service Center - Chinese Day Treatment Program (CDT)	46 East Broadway, New York, NY 10002 (212) 343-3563 Monday-Friday: 9:00 AM-4:00 PM mlai@lesc.org https://www.lesc.org/about/all-programs	Cantonese-speaking adults (18 years and older), Families, Immigrants	Lower Eastside Service Center, Inc. is a private, not-for-profit social service agency that has provided a wide range of behavioral and medical health services to New Yorkers. The Chinese CDT program at LESC addresses the needs of individual from the Chinese community with psychiatric problems related to stress, tension, culture shock or adjustment to a new language and lifestyle in the States. This program is licensed by the New York State Office of Mental Health. Provide a highly structured Milieu setting, focusing on personal change through support, encouragement, empowerment and the development of life skills in an intimate group of 20 clients. The program utilizes a team approach with professional staff consists of a psychiatrist, two Chinese Cantonese speaking LMSW bilingual and bicultural social workers and a cook. This is a highly structured environment with different kinds of services tailored to deal with clients' problems through clinical, medical, educational and vocational treatments. As a client, you'll participate in 4-hour

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
			treatment sessions 5 days each week. They provide individual, group and family counseling that can help you deal with the stress of daily living through crisis management, healthcare, relaxation techniques, English language instruction and job preparedness. Accepts Medicaid and HMO
Mayor's Office for People with Disabilities	100 Gold St. 2nd Floor New York, NY 10038 311 Monday - Friday: 9:00 AM - 5:00 PM poh@cityhall.nyc.gov www.nyc.gov/mopd	Persons with all disabilities and their families.	The office provides Project Open House, small barrier removal program, Information and referral on all disability-related issues, assistance with NYC Services and assistance with disability related laws.
Medicare Rights Center	266 West 37th Street 3rd Floor New York, NY 10018 (800) 333-4114 (212) 869-3850 Monday - Friday: 10:00 AM - 3:00 PM info@medicarerights.org Professionals can email: professional@medicarerights.org www.medicarerights.org	Seniors and people with disabilities eligible for Medicare	The Medicare Rights Center offers advocacy assistance on Medicare and related issues.
NYC Well	1(888) NYC-WELL (1-888-692-9355) Press 2 for English Press 3 for Spanish Press 4 for Chinese 24 hours, 7 days a week https://nycwell.cityofnewyork.us/zh/	All	NYC WELL offers toll free and confidential crisis intervention, consultation, information, and referral services for mental health and substance abuse problems for Asian-language speaking metropolitan New York residents. It has the largest listing of mental health, substance abuse, and social service providers in New York City. NYC WELL also provides bilingual and bicultural professional specialists who will help callers find the most appropriate resources for their treatment needs.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
			<p>In addition, NYC WELL also provides educational materials about mental health awareness; seminars on mental health, social, and cultural issues; workshops on stress reduction; and anxiety and depression screening. No fees.</p>
<p>MTA MetroCard Walk-in Center</p>	<p>3 Stone St. (bet. Broadway + Broad St.) New York, NY 10004</p> <p>Office hours: Monday to Friday 9:00AM - 5:00 PM (718) 330-1234 7 days a week: 6:00 AM - 10:00 PM: Call 511 and say "MTA" then "subways and buses", then "Metrocard" eligibility@wmata.com http://web.mta.info/nyct/fare/rfcenter.htm#signup</p>	<p>Adults age 65 and over or who have a qualifying disability.</p>	<p>Eligible persons can receive a reduced-fare Metrocard for public transportation. Autogate card also available (opens gate rather than turnstile). Interpreters available in all languages.</p>
<p>New York Asian Women's Center/WOMA NKIND</p>	<p>Headquarters: 32 Broadway 10th Floor New York, NY 10004 Community Offices: 9 Mott Street, Suite #200 New York, NY 10013 504 62nd Street Brooklyn, NY 11220 (888) 888-7702 (212) 732-0054 Monday-Friday: 9:00 AM-5:00 PM Manhattan community office:</p>	<p>Survivors of DV, Human trafficking, sexual crimes</p>	<p>The New York Asian Women's Center is the first organization on the East Coast to address the issues of domestic violence and sexual assault in the Asian community. With the only 24-hour multi-lingual hotline and shelter program for battered Asian women, the center provides counseling and advocacy to Asian battered women, children who have witnessed domestic violence, and sexual assault survivors. No fees. Those in need of support can visit the community offices to learn more about their services and receive immediate assistance. No appointments necessary.</p>

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<p>Monday, Wednesday-Friday: 9am-6pm Tuesday: 9am-7pm Brooklyn community office: Monday: 9am-7pm Tuesday – Friday: 9am-5pm <u>(212) 732-0054</u> <u>Monday-Friday: 9:00 AM-5:00 PM</u> <u>Manhattan community office:</u> <u>Monday, Wednesday-Friday: 9:00 AM-6:00 PM</u> <u>Tuesday: 9:00 AM -7:00 PM</u> Brooklyn community office: <u>Monday: 9:00 AM-7:00 PM</u> <u>Tuesday – Friday: 9:00 AM-5:00 PM</u> <u>https://www.iamwomankind.org/</u></p>		
<p>New York Asian Women’s Center/WOMANKIND - Queens Branch</p>	<p>Center for Asian Women Crime Victims, Elmhurst, Queens 86-26 Broadway, Elmhurst, NY 11373 (888) 888-7702 (718) 803-7201 <u>contact@nyawc.org</u> <u>https://www.iamwomankind.org/</u></p>	<p>Survivors of DV, Human trafficking, sexual crimes</p>	<p>Offers case management and group workshops for survivors of sexual assault. Can obtain police reports. Court accompaniment.</p>
<p>New York City Family Justice Center in Queens</p>	<p>New York City Family Justice Center in Queens 126-02 82nd Avenue Kew Gardens, NY 11415 (800)621-HOPE (718) 575-4500</p>	<p>Families, seniors</p>	<p>The New York City Family Justice Centers (FJCs) provides comprehensive civil legal, counseling and supportive services for survivors of domestic violence, elder abuse and sex trafficking. Located in all five boroughs, the FJCs are safe, caring environments that provide one-stop services and support. Key City agencies, community, social and civil legal services providers, and District Attorney's Offices are located</p>

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	https://sanctuaryforfamilies.org/our-approach/client-services/counseling-crisis-services/		<p>on-site at the FJCs to make it easier for survivors to get help. Services are free and confidential.</p>
<p>New York Foundation for Senior Citizens, Inc. - Senior Citizen Sites</p>	<p>Mott Street Senior Center 180 Mott Strret New York, NY 10012</p> <p>(212) 966-5460</p> <p>http://www.nyfsc.org/support-services/senior-centers/</p>	<p>Seniors</p>	<p>The Mott Street Center combines lovely décor, fun-filled activities, celebratory events and trips outside of the City to its growing membership. In the heart of Little Italy, bordering on Chinatown, Mott Street Senior Center’s mostly Italian and Chinese members enjoy an easy camaraderie built on exercise, playing bingo and mahjong, dancing, painting, ceramics, sculpting, sewing, knitting, and crocheting, among other activities.</p>
<p>New York Foundation for Senior Citizens, Inc. - Senior Citizen Sites</p>	<p>LaGuardia Senior Center 280 Cherry Street New York, NY 10002</p> <p>(212) 732-3656</p> <p>http://www.nyfsc.org/support-services/senior-centers/</p>	<p>Seniors</p>	<p>The senior center welcome seniors coming from all five boroughs. For a small suggested contribution, seniors can eat breakfast and lunch that have been carefully planned by nutritionists. Seniors can participate “Lok Tung Kuen” exercises, arts and crafts, music, bingo and mahjong, health promotion and English classes. Each year, the Center hosts a gala event to celebrate the Chinese New Year. No fee.</p>
<p>New York Foundling Crisis Nursery</p>	<p>590 Ave. of the Americas 8th floor New York, NY 10011</p> <p>Parent Helpline (212) 472-8555 (888) HELP553 (24 hour hotline) (212) 886-4000 info@nyfoundling.org https://www.nyfoundling.org/</p>	<p>Parents of children age 0 to 10 (to 12 if accompanied by younger sibling). No severe disabilities or serious behavioral issues. Can refer patient to other places if they have severe disabilities or serious behavioral issues.</p>	<p>The program provides crisis Intervention for parents and families. Emergency respite provided. No fee.</p>
<p>Samuel Field Y CAPE</p>	<p>CAPE 5928 Little Neck Pkwy, Little Neck, NY 11362</p>	<p>Seniors age 60 and over</p>	<p>Samuel Field Y CAPE is an outpatient Mental Health Clinic for Queens residents aged 60 and over and their families and provides mental health services in</p>

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	<p>Selfhelp BRP Senior Center 45-25 Kissena Blvd, Flushing, NY 11355 Rego Park Senior Center 93-29 Queens Blvd, Rego Park, NY 11374</p> <p>(718)224-0566 Progra, Contact: Yuanyuan Hu (917) 480-0211 CAPE Monday to Friday: 8:30 AM - 4:30 PM Selfhelp BRP Senior Center Tuesday: 8:30 AM - 4:00 PM, Thursday 8:30 AM - 4:00 PM Rego Park Senior Center Wednesday and Friday: 9:00 AM - 4:00 PM Cape@sfy.org http://www.sfy.org/community-mental-health-services/</p>		<p>Chinese at Selfhelp Benjamin Rosenthal Price Street Senior Center and Rego Park Senior Center. Individual, group and family therapy, psychiatric evaluations and medication monitoring are available to help cope with psychiatric, emotional and adjustment issues.</p>
<p>Supplemental Security Income (SSI)</p>	<p>Various</p> <p>(800) 772-1213 TTY: (800) 325-0778 interpreter by phone or in agency Office Hours: Monday - Friday: 7:00 AM-4:00 PM. Hotline hours: Monday - Friday: 7:00 AM-7:00 PM</p> <p>www.ssa.gov</p>	<p>Eligible persons with disabilities</p>	<p>Supplemental Security Income provides monthly payments to individuals with disabilities who have limited income and resources.</p>
<p>The New York State Justice</p>	<p>161 Delaware Ave. Delmar, NY 12054</p>	<p>People with special needs</p>	<p>Mission of the program is to protect people with special needs from abuse, neglect and mistreatment.</p>

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Center for the Protection of People with Special Needs	Vulnerable Persons Central Registry Hotline (24 Hours) (855) 373-2122 (800) 624-4143 TTY: (855) 373-2122 Monday - Friday: 8:30 AM-4:30 PM https://www.disability.gov/resource/new-york-justice-center/		Call the hotline to report an incident of abuse or neglect in a certified facility overseen by NYS' Office of People with Developmental Disabilities, Office of Mental Health, Office of Alcoholism and Substance Abuse Services, Office of Children and Family Services, Dept. of Ed., Dept. of Health.
United Chinese Association of Brooklyn	1787 Stillwell Avenue Brooklyn, New York 11223 (718) 232-0055 Monday - Friday: 10:00 AM-4:00 PM info@ucaob.org www.ucaob.org	All	The United Chinese Association of Brooklyn, commonly known as UCA, is a nonprofit organization formed to serve the needs of the Chinese-American population in the Bensonhurst area of Brooklyn, New York City. UCA aims to build a safe, friendly, and nurturing neighborhood for our children, adults, and seniors and offers a variety of educational programs and social activities. \$10 annual membership fee
University Settlement	184 Eldridge Street New York, NY 10002 Eric Weingartner, Chief Executive Officer: (212) 453-4555 info@universitysettlement.org www.universitysettlement.org	All	University Settlement serves people of all ages throughout multi-racial and multi-ethnic community. Early Childhood services, Youth Programs, Community Programs, Project Home, Mental Health Services, Family Literacy, Older Adults, Arts, Beacon Campus, and Credit Union work together to provide each person and every family with the practical and personal tools they need to reach their potential and attain true self-sufficiency. Offers sliding fee scale.
University Settlement - Other Branches	Children's Blended Case Management 176 Eldridge Street New York, NY 10002	Youth age 5 to 21	The Blended Case Management program provides intensive and supportive case management services to emotionally challenged youth between the ages of 5 and 21 to prevent emergency room visits, psychiatric

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	<p>(212) 864-2007 bcm@universitysettlement.org http://www.universitysettlement.org/us/programs/mental health services/childrens case management/</p>		<p>hospitalizations and placement in residential treatment facilities. Through home visits, families are provided with ongoing assistance and advocacy in order to access mental health, education and income support programs that are essential to meeting their child's needs. Case managers are trained and certified in case management by the New York State Department of Health and Mental Hygiene. Services are available to families through Manhattan, and are provided in English, Spanish, Cantonese and Mandarin.</p>
<p>University Settlement - Other Branches</p>	<p>Early Head Start 184 Eldridge Street New York, NY 10002</p> <p>(212) 453-4581 earlyheadstart@universitysettlement.org https://web11.fcny.org/us/programs/early childhood/early headstart/</p>	<p>Pregnant women and families with children under age 3</p>	<p>The Early Head Start program provides child care services to eligible families with children under age three with comprehensive center-based programs and home visits. Services include:</p> <ul style="list-style-type: none"> • Pre-- and post-natal education, screenings and referrals • Health and developmental assessments for children • Early learning classroom-based sessions • Parent education & support groups • Parent-child socialization groups • Full-- and part-time family child care services • Home-visiting services to support healthy family development • Social service advocacy & referrals
<p>University Settlement - Other Branches</p>	<p>Early Intervention Program 184 Eldridge Street New York, NY 10002</p> <p>(212) 453-4509 earlyintervention@universitysettlement.org</p>	<p>Families with infants and toddlers who have delays or disabilities</p>	<p>University Settlement Early Intervention provides services including: clinical assessment, occupational therapy, physical therapy, speech therapy, special instruction therapy, vision services, audiology services, assistive technology device and services</p>

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	https://web11.fcny.org/us/programs/early childhood/early intervention/		nutrition services, psychological services, social work and service coordination and family training and counseling
University Settlement - Other Branches	Family Child Care Program 184 Eldridge Street New York, NY 10002 (212) 453-4530 8:00 AM - 6:00 PM fcc@universitysettlement.org https://web11.fcny.org/us/programs/early childhood/family child care/	Children Age 2 months to 12	Benefits of University Settlement's Family Child Care/Early Head Start program include: <ul style="list-style-type: none"> • Year-round, full day (Monday—Friday) child care services • Referral to licensed home-based providers with years of experience in family child care settings • Educational curriculum that models center-based structure • Continuous developmental assessments and screenings for all children • Comprehensive special needs and mental health services • Additional support and education for families, including workshops for parents • Social service advocacy, referrals, and etc • The Family Child Care/Early Head Start program is funded by the Administration for Children's Services. • Providing childcare to families living in the five boroughs. Providers only located in Manhattan • For families who are working a minimum of 20 hours or going to school a minimum of 12 hours per week • Early Head Start provides services to families who qualify and live on the Lower East Side • Will assist with completing application on-site for ACS Government-Subsidized Child Care and HRA Childcare Supplement • Fees for ACS are based on income and family size composition • Provide nutritious meals (morning snack, lunch, supper)

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University Settlement - Other Branches	<p>The Chinatown-Lower East Side Literacy Zone 175 Eldridge Street New York, NY 10002</p> <p>(212) 533-6306 Monday - Friday: 9:00 AM - 5:00 PM literacy@universitysettlement.org https://www.universitysettlement.org/us/programs/adult_literacy/literacy_zone/</p>	Any adult, age 16 or older	<p>The Chinatown-Lower East Side Literacy Zone supports immigrants and their families through English language classes and a full range of supportive services. Our English classes serve students at all levels, helping them to build a solid foundation in reading, writing and speaking skills while also providing a welcoming and practical introduction to American life and culture. Classes run from September through June and enrollment is on a first come, first serve basis. Classes are taught in English only.</p>
University Settlement - Other Branches	<p>Home-Based Crisis Intervention 176 Eldridge Street New York, NY 10002</p> <p>(212) 453-4593 hbc@universitysettlement.org</p>	Youth age 5 to 17 who feel emotional disturbing	<p>The Home Based Crisis Intervention program provides intensive in-home case management services for emotionally disturbed youth ages 5 to 17 and their families free of charge. Case managers intervene when a child or adolescent is at imminent risk of hospitalization or removal from their home due to a psychiatric crisis. Working with a family for a period of six to eight weeks, the case managers use a team approach to stabilize the immediate crisis and set up long-term support services to manage the child's mental health needs and help keep the family together. Services are available in English, Spanish, Cantonese and French.</p>
University Settlement - Other Branches	<p>Neighborhood Center/Older Adults Program 189 Allen Street New York, NY 10002</p> <p>(212) 473-8217 Monday - Friday: 8:00 AM - 4:00 PM olderadults@universitysettlement.org</p>	Seniors	<p>The Center, open five days a week. More than 150 seniors come to share in a nutritious breakfast or lunch, stimulating classes and activities. Through the health and wellness program, seniors have access to twice-weekly blood pressure screenings, exercise classes, tai chi, a walking club, plus health seminars and nutrition lectures. Members can participate in festive events throughout the year and have access to the latest in electronic entertainment</p>

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	https://www.universitysettlement.org/us/programs/older_adults/neighborhood_center/		<p>including Wii, karaoke and a computer lab. A Leadership Council comprised of older adults guides programming decisions from the ground up, and professional staff members are on hand to provide information, referrals or advocacy if there are any issues of concern. This rich program helps seniors to continue to lead full and independent lives. Additional services include the Meals on Wheels program for homebound seniors and access to recreational and social opportunities at the Houston Street Center, including swim instruction, fitness, and computer classes.</p>
University Settlement - Other Branches	Project Home 189 Allen Street New York, NY 10002" (212) 505-1995 projecthome@universitysettlement.org https://www.universitysettlement.org/us/programs/project_home/	All	University Settlement's innovative Project Home tackles the threat of homelessness head on. Project Home case managers partner with their clients, offer a helping hand, and encourage them to recognize and develop their own strengths. For low-income families -- often with serious educational disadvantages and difficulty with English - - having a trusted partner to help them make a plan and offer support enables them to navigate towards a brighter future.
VISIONS/ Services for the Blind and Visually Impaired	500 Greenwich Street, 3rd Floor New York, NY 10013 1-888-245-8333 (212) 625-1616 Monday - Friday: 8:30 AM-5:00 PM info@visionsvcb.org www.visionsvcb.org	People who are blind and visually impaired	All services are provided free of charge. No health insurance is required or billed
YAI	460 W. 34th St. 11th floor New York, NY 10001 Leisure Connection	Children age 3 to adults ages 18 and over, with mild learning disabilities.	YAI provides a full range of services with intellectual and developmental disabilities. <ul style="list-style-type: none"> • Residential options from in-home supports to supervised home and independent apartments

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	YAI LINK (212) 273-6182 link@yai.org www.yai.org/link		<ul style="list-style-type: none"> • Day habilitation services providing individualized and group activities that teach life and community skills • Employment services including job skills training, resume development, and job coaching • Crisis intervention providing advocacy counseling and in-home behavioral support for families and people in crisis • Elementary school for children with a diverse range of developmental needs and learning styles • Full service medical clinics with doctors and nurses specially trained to provide treatment to people with intellectual and developmental disabilities
YAI	Hankering for More 460 W. 34th St. 11th floor New York, NY 10001 YAI LINK (212) 273-6182 hfm@yai.org https://www.yai.org/hfm	HFM is designed for adults who live in and around New York City who want support making friends, age 18 and over and able to travel independently.	YAI hosts social and educational programs 1x/month at various cultural and recreational places in and around Manhattan (e.g. museum tours, cooking lessons, bowling) and runs from September to May. Interviews for program admission are done in summer. Please apply via www.yai.org/hfm . All events are free. YAI currently has a waiting list that may last 2-3 years.
YWCA of Queens	42-07 Parsons Boulevard Flushing, NY 11355 (718) 353-4553 Monday - Friday 9:00 AM - 5:00 PM info@ywcaqueens.org www.ywcaqueens.org	All	The YWCA of Queens serves a broad range of participants, from toddlers to senior citizens. It offers multi-generational and crosscultural programs including: <ul style="list-style-type: none"> • Free afterschool programs for elementary and middle school children • Job training & job readiness • Recreational and educational activities for seniors, including smartphone classes • Various levels of ESOL classes for youth, adults, and senior citizens. • High School Equivalency classes for ages 17 and up

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
			Social services include: <ul style="list-style-type: none"> • Informational and referral assistance for job training, legal consultation, and more • Case management and healthcare services to assist with SNAP, NYCHA, and other applications
University Settlement - Other Branches	The Butterflies Program 184 Eldridge Street New York, NY 10002 565 Livonia Ave Brooklyn, NY 11207 (212) 453-4510 butterflies@universitysettlement.org https://www.universitysettlement.org/us/programs/early_childhood/butterflies/	Children under age 5	The Butterflies Program helps children under the age of 5 and their families develop the tools they need to communicate and work through challenges. Services include individual, dyadic and group play therapy, as well as workshops for parents, educators and community members on a variety of topics including: <ul style="list-style-type: none"> • attachment and bonding • how to play with your child • child-parent psychotherapy • positive discipline, stress management • the impact of trauma in the classroom • and many others The Butterflies Program services are free.
University Settlement - Other Branches	Families Thriving 184 Eldridge Street New York, NY 10002 Barbara DiGangi, Director (917) 583-3622 bdigangi@universitysettlement.org https://www.universitysettlement.org/us/programs/mental_health_services/families-thriving/	Youth who reside in or attend school in the Lower East Side (North to 14th Street, East to the East River, South to Canal St, West to Bowery/3rd Ave) are eligible for this program.	Family Thriving takes a holistic approach to reaching more peace at home by identifying and addressing obstacles preventing you from reaching your greatest potential. Families Thriving aims to remind caregivers of their own power while offering support and tools at the same time. Highly trained staff work with families in their homes and community. Individualized services are based on the level of need and interest. For family: <ul style="list-style-type: none"> • Weekly in-home, individual sessions • Parent support groups, community events, and workshops • Consultations for challenging behavior For team, school, or organization:

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
			<ul style="list-style-type: none"> • Consultations, needs assessments, and assistance embedding new strategies into your work • Staff trainings and professional development opportunities (topics include but are not limited to: engaging families, behavioral management, social-emotional learning, trauma-informed and attachment-sensitive approaches, mental health, etc.) <p>Services are free.</p>

Legal Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Advocates for Children of New York, Inc.	151 West 30th St. 5th Floor New York, NY 10001 (866) 427-6033 (212) 947-9779 Monday - Thursday: 10 :00 AM - 4:00 PM info@advocatesforchildren.org www.advocatesforchildren.org	Birth to age 26 for low-income	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals.
CAMBA, Inc.	1720 Church Avenue, 2nd Floor Brooklyn, NY 11226 (718) 287-2600 Monday - Friday: 9:00 AM - 5:00 PM info@camba.org www.camba.org	All	CAMBA is a nonprofit agency that offers integrated programs in six different areas: <ul style="list-style-type: none"> • Economic Development • Education & Youth Development • Family Support Services • HIV/AIDS Services • Housing Services & Development • Legal Services. Visit website or call to find specific service locations. No fees.
Legal Aid Society Access to Benefits Hotline	(888) 663-6880 Tuesdays, Wednesdays and Thursdays: 9:30 AM - 12:30 PM https://www.legalaidnyc.org/	New York City residents	Assistance with health law, Medicaid issues, problems with public assistance/food stamps, special education and employment/unemployment benefits matters. Also assist callers interested in sealing their criminal convictions. On the first and third Tuesdays of each month, the Helpline is open for Health Law and Medicaid advice from 9:30 am-12:30 pm.
Mayor's Office for People with Disabilities	100 Gold St. 2nd Floor New York, NY 10038 311 Monday - Friday: 9:00 AM - 5:00 PM	Persons with all disabilities and their families.	The office provides Project Open House, small barrier removal program, Information and referral on all disability-related issues, assistance with NYC Services and assistance with disability related laws.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<p>poh@cityhall.nyc.gov www.nyc.gov/mopd</p>		
<p>New York Lawyers for the Public Interest (NYLPI)</p>	<p>151 W. 30th St. 11th Floor New York, NY 10001 TTY: (212) 244-3692 (212) 244-4664 Intake hours: Monday - Friday 10:00 AM - 3:00 PM</p> <p>http://www.nylpi.org</p>	<p>People with disabilities, immigrants</p>	<p>Advice and legal assistance regarding: discrimination on the basis of disability in areas such as special education, opportunity and access (e.g. housing, employment), as well as bringing racial justice and immigrant rights focus to health care advocacy.</p>
<p>New York Legal Assistance Group (NYLAG) - Disability Advocacy Project</p>	<p>7 Hanover Sq. 18th Floor New York, NY 10004</p> <p>(212) 613-5000 Program Contact: Michelle Spadafore (Social Security Benefits) (212) 613-5024 Monday, Wednesday: 9:00 AM -3:00 PM</p> <p>info@nylag.org https://www.nylag.org/units/public-benefits/projects/disability-advocacy</p>	<p>Low income individuals residing in New York City</p>	<p>Free legal services organization with Disability Advocacy Project regarding social security issues. Also, housing, public benefits, family law, immigration advocacy.</p> <p>All initial consultations are conducted over the phone. Every individual who contacts NYLAG will have the opportunity to speak with a case handler. Due to the volume of calls, it will be necessary to leave a message. Please leave your full name and contact information, as well as a description of your legal issue so that the correct department can return your call. Your call will be returned within 3-4 business days.</p>
<p>New York City Family Justice Center in Queens</p>	<p>New York City Family Justice Center in Queens 126-02 82nd Avenue Kew Gardens, NY 11415 (800)621-HOPE (718) 575-4500</p>	<p>Families, seniors</p>	<p>The New York City Family Justice Centers (FJCs) provides comprehensive civil legal, counseling and supportive services for survivors of domestic violence, elder abuse and sex trafficking. Located in all five boroughs, the FJCs are safe, caring environments that provide one-stop services and support. Key City agencies, community, social and civil legal services providers, and District Attorney's Offices are located</p>

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	https://sanctuaryforfamilies.org/our-approach/client-services/counseling-crisis-services/		<p>on-site at the FJCs to make it easier for survivors to get help. Services are free and confidential.</p>
The Legal Aid Society	<p>199 Water St. 3rd Floor New York, NY 10038 Immigration Law Unit Hotline:(212) 577-3456 (212) 577-3300 Hotline hours: Wednesday and Friday: 1:00 PM - 5:00 PM</p> <p>http://www.legal-aid.org/</p>	New York City residents	<p>Legal aid socieity provides legal help to make sure individuals and families receive all the assistance they are entitled to regarding social security, SSI, SSI Disability, Welfare, housing, immigration, public assistance, domestic violence, and special education.</p>
YWCA of Queens	<p>42-07 Parsons Boulevard Flushing, NY 11355</p> <p>(718) 353-4553 Monday - Friday 9:00 AM - 5:00 PM</p> <p>info@ywcaqueens.org www.ywcaqueens.org</p>	All	<p>The YWCA of Queens serves a broad range of participants, from toddlers to senior citizens. It offers multi-generational and crosscultural programs including:</p> <ul style="list-style-type: none"> • Free afterschool programs for elementary and middle school children • Job training & job readiness • Recreational and educational activities for seniors, including smartphone classes • Various levels of ESOL classes for youth, adults, and senior citizens. • High School Equivalency classes for ages 17 and up <p>Social services include:</p> <ul style="list-style-type: none"> • Informational and referral assistance for job training, legal consultation, and more • Case management and healthcare services to assist with SNAP, NYCHA, and other applications

Medical Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Bellevue Hospital Center	462 First Avenue New York, NY 10016 (212) 562-3624 (212) 562-4002 24 hours/7 days a week angelina.r.decastro@gmail.com https://www.nychealthandhospitals.org/bellevue/	All	Bellevue Hospital Asian In-Patient Program aims to provide every indigent Asian in New York City easy access to New York City's best quality and culturally competent in-patient mental health services. Bellevue individualizes each treatment plan according to family and culture dynamics, innovative pharmacotherapy, culturally competent methods, and principles of trust, empowerment, and skillful collaboration. Services provided (specializing in bilingual and bicultural approach) include: comprehensive psychiatric evaluation; comprehensive medical evaluation; nutritional evaluation; individual, group, and family therapy; detoxification from addiction; psychoeducation groups; and comprehensive discharge planning and service coordination. Accepts Medicare, Medicaid
Beth Israel Medical Center - Asian Services Program	10 Union Square East, Suite 2K New York, NY 10003 (877) 251-9111 (212)844-6888 www.wehealny.org/patients/bimc_description.html	All	Beth Israel Medical Center is the Manhattan campus for the Albert E. College of Medicine with 1,300 certified beds. Asian Services Program of Beth Israel Medical Center is staffed with bicultural/bilingual interdisciplinary team which aims at providing the Chinese community in-patient and ambulatory medical care assistance to all medical specialties, including: Internal medicine, breast, cardiac care, cancer care, gynecology, neurology, obstetrics, orthopedics, pain medicine, pediatrics, pulmonary, psychiatry, radiology, surgery, AIDS. Accepts Medicare, Medicaid, HMO, most private insurances, CHP and fee for services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
<p>Charles B. Wang Community Health Center- Manhattan Location</p>	<p>268 Canal Street, New York, NY 10013</p> <p>Adult Medicine (212) 379-6998 Mon Tues, Thurs, Fri: 8:00 AM. - 6:00 PM Wed: 10:00 AM. - 6:00 PM Sat, Sun: 9:00 AM - 6:00 PM OB/GYN (212) 966-0228 Mon, Tue, Thurs, Fri, Sat, Sun: 9:00 PM - 5:00 PM Wed: 10:00 AM - 5:00 PM Mental Health (212) 941-2213 Mon, Tue, Thurs, Fri: 9:00 AM - 6:00 PM Wed: 10:00 AM - 6:00 PM Sat: 9:00 AM - 5:00 PM Sun: Closed</p> <p>http://www.cbwchc.org/</p>	<p>All</p>	<p>The Charles B. Wang Community Health Center is a nonprofit and federally qualified health center. It has staff fluent in many languages, including Mandarin, Cantonese, Taishanese, Shanghainese, Fujianese, Vietnamese, and Korean. Offer adult medicine, dental care, OB/GYN, pediatric medicine, mental health . Accept most health insurance plans, including Medicare and Medicaid. Sliding fee might apply to uninsured and will be based on income and family size.</p>
<p>Charles B. Wang Community Health Center- Manhattan Location</p>	<p>168 Centre Street, 3rd Floor, New York, NY 10013</p> <p>Health Education (212) 966-0461 Monday-Friday: 9:00 AM - 5:00 PM</p>	<p>All</p>	

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
<p>Charles B. Wang Community Health Center- Manhattan Location</p>	<p>125 Walker Street 2nd Floor New York, NY 10013</p> <p>Pediatrics (212) 226-3888 Mon, Tue, Thurs, Fri 9:00 AM. - 7:00 PM Wed 1:00 AM. - 7:00 PM Sat, Sun 9:00 AM - 6:00 PM Dental Health (212) 226-9339 Mon, Sat, Sun 9:00 AM - 5:00 PM Tue 9:00 AM - 6:00 PM Wed. 10:00 AM - 5:00 PM Thurs., Fri 8:00 AM - 5:00 PM Social Services (212) 226-1661</p>	<p>All</p>	
<p>Charles B. Wang Community Health Center- Queens Location</p>	<p>136-26 37th Avenue, Flushing, NY 11354</p> <p>Adult Medicine (718) 886-1200 Mon, Tue, Thurs, Fri 8 AM - 6 p.m. Wed, 10:00 AM - 7:00 PM Sat, Sun 9:00 AM - 6:00 PM Pediatrics (718) 886-1222 Mon, Tue, Thurs, Fri, Sat 9:00 AM - 6:00 PM Wed, Sun 10:00 AM - 6:00 PM OB/GYN (718) 886-1287 Mon, Tue, Thurs, Fri, Sat 9:00 AM - 6:00 PM Wed, Sun 10:00 AM - 6:00 PM</p>	<p>All</p>	

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	Mental Health (212) 941-2213 Social Services (718) 886-1212		
Charles B. Wang Community Health Center-Queens Location	137-43 45th Avenue, Flushing, NY 11355 Adult Medicine (929) 362-3006 Pediatrics (929) 362-3006 Gynecology (929) 362-3006 Mental Health (212) 941-2213 Social Services (929) 362-3006 Mon, Tue, Thurs, Fri, Sat, Sun 9:00 AM - 6:00 PM Wed 10:00 AM - 6:00 PM	All	
Early Childhood Direction Center (ECDC) at New York Presbyterian Hospital	409 E. 60th St. Suite 3-312 New York, NY 10022 (212) 746-6175 Monday - Friday: 9:00 AM - 5:00 PM ecdc@nyp.org www.nyp.org/ecdc	Children age 0 to 5 with diagnosed or suspected special needs	Advocacy information on educational, medical and financial benefits issues.
Gouverneur Hospital-Asian Bicultural Clinic	Behavioral Health Department 227 Madison Street, Room 380-385 New York, NY 10002 (212) 238-7332 Monday-Friday: 9:00 AM-5:00 PM	All	The Asian Bicultural Clinic of Gouverneur Healthcare Services provides innovative high quality care using culturally relevant approach. It is staffed with a bicultural/bilingual (Chinese) interdisciplinary team of mental health professionals. The clinic provides comprehensive outpatient mental health care including: Psychiatric evaluation, psychological testing, crisis intervention and short-

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	www.gvnrhospital.org/		<p>term therapy, extended individual, group and family psychotherapy, advanced pharmacotherapy, liaison services for those who need psychiatric hospitalization.</p> <p>Fees - Sliding scale, Medicaid, Medicare, MetroPlus, HIP, HealthFirst LIP</p>
<p>New York Downtown Hospital</p>	<p>170 William Street New York, NY 10038</p> <p>(212) 312-5000 Monday-Friday: 9:00 AM-7:00 PM Saturday-Sunday: 9:00 AM-5:00 PM Progr AM hours vary by type</p> <p>www.downtownhospital.org</p>	<p>All</p>	<p>The Downtown Hospital is the closest acute care facility for Lower Manhattan's employees, residents, and tourists and the first responder to virtually every medical emergency in Lower Manhattan.</p> <p>Accepts most major health insurance plans, Medicaid, Medicare, Child Health Plus, Family Health Plus</p>
<p>The Phoenix Rehabilitation & Nursing Center</p>	<p>140 Saint Edwards Street Brooklyn, NY 11201</p> <p>(718) 858-6400 24 hours/7 days a week</p> <p>http://thephoenixrehab.com</p>	<p>Disabled, Elderly</p>	<p>Atlantis Rehabilitation and Residential Healthcare Facility is a skilled nursing faculty that provides both short-term rehabilitation and long-term care, physical therapy, speech therapy, walking program, and respiratory therapy.</p> <p>Accepts Medicaid, Medicare, HMO's, private pay, commercial plans insurance, no fault insurance, worker's compensation</p>
<p>Tzu Chi Foundation - Elmhurst Hospital Family Health Center</p>	<p>137-77 Northern Blvd, Flushing, NY 11354</p> <p>Monday - Sunday: 10:00 AM-6:00 PM (718) 460-4590</p> <p>www.tima.us.tzuchi.org</p>	<p>All</p>	<p>The Tzu Chi-Elmhurst Hospital Family Health Center was established in partnership with the Tzu Chi Foundation and is an extension clinic of Elmhurst Hospital Center and offers a comprehensive array of culturally sensitive medical primary care services and referrals to specialty care. On-site services include:</p> <ul style="list-style-type: none"> • Internal medicine • Geriatric care • Women's health services • Pediatric care

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
			• Mental health services. Most insurance plans accepted.

Mental Health Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Asian Women's Christian Association	9 Genesee Avenue Teaneck, NJ 07666 (201) 862-1665 Monday - Friday: 9:00 AM-5:00 PM info@awcanj.org www.awcanj.org	All	The Asian Women's Christian Association (AWCA) is a nonprofit organization operated by funds raised through grants, charity events and donations. AWCA provides outreach, behavioral health, social welfare, health awareness, educational, and senior services for Asian Americans. Fees are based upon a sliding scale
Charles B. Wang Community Health Center- Manhattan Location	268 Canal Street, New York, NY 10013 Adult Medicine (212) 379-6998 Mon Tues, Thurs, Fri: 8:00 AM. - 6:00 PM Wed: 10:00 AM. - 6:00 PM Sat, Sun: 9:00 AM - 6:00 PM OB/GYN (212) 966-0228 Mon, Tue, Thurs, Fri, Sat, Sun: 9:00 PM - 5:00 PM Wed: 10:00 AM - 5:00 PM Mental Health (212) 941-2213 Mon, Tue, Thurs, Fri: 9:00 AM - 6:00 PM Wed: 10:00 AM - 6:00 PM	All	The Charles B. Wang Community Health Center is a nonprofit and federally qualified health center. It has staff fluent in many languages, including Mandarin, Cantonese, Taishanese, Shanghainese, Fujianese, Vietnamese, and Korean. Offer adult medicine, dental care, OB/GYN, pediatric medicine, mental health . Accept most health insurance plans, including Medicare and Medicaid. Sliding fee might apply to uninsured and will be based on income and family size.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	Sat: 9:00 AM - 5:00 PM Sun: Closed http://www.cbwchc.org/		
Charles B. Wang Community Health Center-Queens Location	136-26 37th Avenue, Flushing, NY 11354 Adult Medicine (718) 886-1200 Mon, Tue, Thurs, Fri 8 AM - 6 p.m. Wed, 10:00 AM - 7:00 PM Sat, Sun 9:00 AM - 6:00 PM Pediatrics (718) 886-1222 Mon, Tue, Thurs, Fri, Sat 9:00 AM - 6:00 PM Wed, Sun 10:00 AM - 6:00 PM OB/GYN (718) 886-1287 Mon, Tue, Thurs, Fri, Sat 9:00 AM - 6:00 PM Wed, Sun 10:00 AM - 6:00 PM Mental Health (212) 941-2213 Social Services (718) 886-1212	All	
The Child Center of NY - Asian Outreach Program	Flushing Site 140-15B Sanford Ave. 2nd Floor Flushing, NY 11355 Elmhurst Site 81-14 Queens Blvd. Elmhurst, NY 11373 Flushing Site	All	The Child Center of NY - Asian Outreach Program is a dual- licensed Office of Mental Health (OMH) and Office of Alcohol Substance Abuse Services (OASAS) and offers mental health treatment for all age groups, alcohol and substance abuse servcie, groups, psychiatric evaluation and medication management, case management and community outreach services. Accepts Medicaid and major insurances. Offers sliding fee scales.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<p>(718) 358- 8288 x 203 Hours Monday - Thursday 9:00 AM - 9:00 PM Friday: 9:00 AM - 7:00 PM Saturday: 9:00 AM - 3:00 PM Elmhurst Site (718) 899- 9810 x 200 Hours Monday 9:00 AM - 5:00 PM Tuesday - Thursday 9:00 AM - 9:00 PM Friday 9:00 AM - 5:00 PM Saturday: 9:00 AM - 3:00 PM</p> <p>http://childcenterny.org</p>		
Chinese-American Sunshine House	<p>837 58th Street 3rd Fl Brooklyn, NY 11220</p> <p>(917) 969-7018 chinesesunshinehouse@gmail.com www.chinesesunshinehouse.org</p>	Brooklyn chinese speaking immigrants including youths, parents and the elderly	Chinese-American Sunshine House, Inc. (CSH) is a non-profit organization that provides a culturally-sensitive environment for the Brooklyn Chinese community by empowering those battling with mental illness through their personal recovery and educating the community about mental health. Its mission is to provide and promote education about mental illness in order to combat stigmas and to increase accessibility to available treatment through providing education through workshops and training, and linkages to additional resources within the borough of Brooklyn.
Garden of Hope-New York	<p>P.O. Box 520048 Flushing, NY 11352 (877)990-8595 (718) 321-8862 Monday-Friday: 9:00 AM-5:00 PM Help line: (877) 990-8595</p>	Women and their families, Seniors, Youth	Garden of Hope is dedicated to serving, caring and rebuilding the lives of victims of domestic violence, sexual assault and human trafficking, particularly new Chinese immigrants. Garden of Hope, located in the new immigrant urban area, has provided services to hundreds of families

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<p>ylcgoh@gmail.com www.gohny.org</p>		<p>through: Culturally relevant crisis intervention, individual counseling, support groups, advocacy & case management, translation services, referrals.</p> <p>Work closely with the community, and have greatly raised public awareness of domestic violence prevention and recovery through weekly broadcasts, newspaper features, newsletters and workshops.</p>
<p>Gouverneur Hospital-Asian Bicultural Clinic</p>	<p>Behavioral Health Department 227 Madison Street, Room 380-385 New York, NY 10002</p> <p>(212) 238-7332 Monday-Friday: 9:00 AM-5:00 PM</p> <p>www.gvnrhospital.org/</p>	<p>All</p>	<p>The Asian Bicultural Clinic of Gouverneur Healthcare Services provides innovative high quality care using culturally relevant approach. It is staffed with a bicultural/bilingual (Chinese) interdisciplinary team of mental health professionals.</p> <p>The clinic provides comprehensive outpatient mental health care including: Psychiatric evaluation, psychological testing, crisis intervention and short-term therapy, extended individual, group and family psychotherapy, advanced pharmacotherapy, liaison services for those who need psychiatric hospitalization.</p> <p>Fees - Sliding scale, Medicaid, Medicare, MetroPlus, HIP, HealthFirst LIP</p>
<p>Hamilton-Madison House</p>	<p>Behavioral Health Services, Administrative Offices 253 South Street, New York, NY 10002</p> <p>(212) 349-3724 Asian American Recovery program (212) 720-4520 ext. 531</p> <p>http://www.hamiltonmadisonhouse.org/programs.html</p>	<p>All</p>	<p>Hamilton-Madison House provides culturally and linguistically sensitive individual and group counseling for Chinese, Japanese, Korean and Southeast Asian clients, PROS(Personalized Recovery Oriented Services), Asian American Recovery Services (for substance use disorder and addiction services), Gambling Prevention Program, and a Supported Housing program.</p> <p>Other outpatient services including: diagnostic assessment, psychiatric and psychological evaluation, couple, marital, family therapy, psychosocial education and play therapy, medical management, community</p>

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
NYC Well	<p>1(888) NYC-WELL (1-888-692-9355) Press 2 for English Press 3 for Spanish Press 4 for Chinese 24 hours, 7 days a week</p> <p>https://nycwell.cityofnewyork.us/zh/</p>	All	<p>outreach, and professional consultation to service providers.</p> <p>NYC WELL offers toll free and confidential crisis intervention, consultation, information, and referral services for mental health and substance abuse problems for Asian-language speaking metropolitan New York residents. It has the largest listing of mental health, substance abuse, and social service providers in New York City. NYC WELL also provides bilingual and bicultural professional specialists who will help callers find the most appropriate resources for their treatment needs.</p> <p>In addition, NYC WELL also provides educational materials about mental health awareness; seminars on mental health, social, and cultural issues; workshops on stress reduction; and anxiety and depression screening.</p> <p>No fees.</p>
New York Asian Women's Center/WOMANKIND	<p>Headquarters: 32 Broadway 10th Floor New York, NY 10004</p> <p>Community Offices: 9 Mott Street, Suite #200 New York, NY 10013 504 62nd Street Brooklyn, NY 11220 (888) 888-7702</p> <p>(212) 732-0054 Monday-Friday: 9:00 AM-5:00 PM Manhattan community office: Monday, Wednesday-Friday: 9am-6pm</p>	Survivors of DV, Human trafficking, sexual crimes	<p>The New York Asian Women's Center is the first organization on the East Coast to address the issues of domestic violence and sexual assault in the Asian community. With the only 24-hour multi-lingual hotline and shelter program for battered Asian women, the center provides counseling and advocacy to Asian battered women, children who have witnessed domestic violence, and sexual assault survivors.</p> <p>No fees.</p> <p>Those in need of support can visit the community offices to learn more about their services and receive immediate assistance. No appointments necessary.</p>

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	Tuesday: 9am-7pm Brooklyn community office: Monday: 9am-7pm Tuesday – Friday: 9am-5pm https://www.iamwomankind.org/		
New York Asian Women’s Center/WOMA NKIND - Queens Branch	Center for Asian Women Crime Victims, Elmhurst, Queens 86-26 Broadway, Elmhurst, NY 11373 (888) 888-7702 (718) 803-7201 contact@nyawc.org https://www.iamwomankind.org/	Survivors of DV, Human trafficking, sexual crimes	Offers case management and group workshops for survivors of sexual assault. Can obtain police reports. Court accompaniment.
New York City Family Justice Center in Queens	New York City Family Justice Center in Queens 126-02 82nd Avenue Kew Gardens, NY 11415 (800)621-HOPE (718) 575-4500 https://sanctuaryforfamilies.org/our-approach/client-services/counseling-crisis-services/	Families, seniors	The New York City Family Justice Centers (FJCs) provides comprehensive civil legal, counseling and supportive services for survivors of domestic violence, elder abuse and sex trafficking. Located in all five boroughs, the FJCs are safe, caring environments that provide one-stop services and support. Key City agencies, community, social and civil legal services providers, and District Attorney's Offices are located on-site at the FJCs to make it easier for survivors to get help. Services are free and confidential.
Samuel Field Y CAPE	CAPE 5928 Little Neck Pkwy, Little Neck, NY 11362 Selfhelp BRP Senior Center 45-25 Kissena Blvd, Flushing, NY 11355 Rego Park Senior Center	Seniors age 60 and over	Samuel Field Y CAPE is an outpatient Mental Health Clinic for Queens residents aged 60 and over and their families and provides mental health services in Chinese at Selfhelp Benjamin Rosenthal Price Street Senior Center and Rego Park Senior Center. Individual, group and family therapy, psychiatric evaluations and medication monitoring are available to help cope with psychiatric, emotional and adjustment issues.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	<p>93-29 Queens Blvd, Rego Park, NY 11374</p> <p>(718)224-0566 Progra, Contact: Yuanyuan Hu (917) 480-0211 CAPE Monday to Friday: 8:30 AM - 4:30 PM Selfhelp BRP Senior Center Tuesday: 8:30 AM - 4:00 PM, Thursday 8:30 AM - 4:00 PM Rego Park Senior Center Wednesday and Friday: 9:00 AM - 4:00 PM Cape@sfy.org http://www.sfy.org/community-mental-health-services/</p>		
<p>University Settlement - Other Branches</p>	<p>Consultation Center 184 Eldridge Street New York, NY 10002</p> <p>(212) 453-4522 consultationcenter@universitysettlement.org https://www.universitysettlement.org/us/programs/mental_health_services/consultation_center/</p>	<p>All</p>	<p>University Settlement's Consultation Center provides innovative, comprehensive and culturally-sensitive mental health services to the Lower East Side and Chinatown communities offering services in Spanish, Cantonese, Mandarin and English. Supportive therapeutic services are available for family members and the program adopts integrated approach includes individual, group, couples and family therapy. As a State-licensed mental health clinic, the Consultation Center offers a wide variety of treatment options to community members confronting a complexity of problems, including: depression, anxiety, domestic violence, sexual abuse, family crisis, chronic mental illness, mid-life crisis, PTSD and psychiatric medication management.</p>

Educational/Cultural Services

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Apex for Youth	2 Rector Street, Suite 1312, New York, NY 10006 (212) 385-3574 Monday – Friday: 9:00 AM – 6:00 PM info@apexforyouth.org http://www.apexforyouth.org	1st to 12th grade	The suite of programs in Apex begins in elementary school, providing students with structured academic and social activities to improve their communication skills and provide opportunities to interact with adults. In the middle school and high school years, Apex encourages more personalized one-to-one mentoring to build deeper relationships with youth and address their specific needs. High school students also can access more rigorous academic assistance from Apex to prepare them for college. Specific services include mentor, education(test prep), athletics and after school programs.
Brooklyn Chinese-American Association - Other Branches	Early Childhood Education Center 812 54th Street Brooklyn, NY 11220/5002 8th Avenue Brooklyn, NY 11220 (718) 437-0596 (718) 438-0008	Pre-school youths	
Brooklyn Chinese-American Association - Other Branches	Afterschool and Summer Camp Public Schools 69, 94, 105, 160, 205 and 206/5006 8th Avenue Brooklyn, NY 11220 (718) 438-0008	Youths	

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
China Institute in America	40 Rector Street, New York, NY 10006 (212) 744-8181 Monday - Sunday: 10:00 AM-5:00PM Tuesday - Thursday: 10:00 AM-8:00PM info@chinainstitute.org www.chinainstitute.org	All	China Institute advances a deeper understanding of China through programs in education, culture, business and art in the belief that cross-cultural understanding strengthens the global community. No fees.
CMP (formerly Chinatown Manpower Project, Inc.)	70 Mulberry Street New York, NY 10013 (212) 571-1690 Monday -Friday: 9:00 AM-5:00 PM info@cmpny.org www.cmpny.org	Adolescents, Adults, Immigrants, Refugees	The Chinatown Manpower Project (CMP) provides comprehensive employment services, ESL classes, educational and literacy programs, economic development services, and vocational training including: computerized bookkeeping and accounting, basic office technology, and computer operation. Vocational English, pre-employment, and job search skills are integrated in each course offering. The Business Outreach Center provides entrepreneurial training, business consultation and technical assistance. Fees varies according to program.
Chinatown YMCA	273 Bowery Street New York, NY 10002 (212) 912-2460 Monday - Friday: 6:00AM-11:00 PM Saturday: 7:00 AM-9:00 PM Sunday: 7:00 AM-8:00 PM chinatown@ymcanyc.org www.ymcanyc.org/chinatown	All	The Chinatown YMCA is a communitybase organization, offering programs in education, health, sports, and recreation with a focus on youth. Youth programs include: homework help, tutoring, afterschool activities, teen programs, athletic leagues, recreation, childcare, and summer and holiday day camps. Health screening and education, teen ESL classes, and seasonal special adult programs are also offered. Fee varies according to program; financial assistance available

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Chinese American Arts Council	456 Broadway 3rd Floor New York, NY 10013 (212) 431-9740 http://www.caacarts.org	All	Chinese American Arts Council aims to preserve the Chinese heritage within its own community and to introduce its culture to the greater New York community. It is the largest Chinese American arts presentation and service organization in the Eastern US.
Chinese-American Planning Council - Brooklyn Homecrest SACCC	Brooklyn Homecrest SACCC at P.S. 153 1970 Homecrest Avenue Brooklyn, NY 11229 (718) 627-6373 https://cpc-nyc.org/programs/school-age-child-care-services-cpc-brooklyn-branch/homecrest-saccc-ps-153	Students	The Homecrest School-Age Child Care Center (SACCC) after-school program at P.S. 153 in Brooklyn offers a daily schedule that includes a healthy snack, homework help, small group academic tutoring as needed and physical exercise. Theme-based enrichment workshops are held twice a week and incorporate hands-on activities to stimulate the interest of children in the fields of science, technology, engineering and math (STEM). Once a week children will participate in a performing or creative arts activity which includes arts and crafts, music, dance or theatre.
Chinese-American Planning Council - Child Care	Chung Pak Day Care 125 Walker Street, 3rd Floor New York, NY 10013 (212) 343-9630 Program Contact: Mary Sikarevich Monday - Friday: 8:30 AM to 5:45 PM https://cpc-nyc.org/programs/early-childhood-services/chung-pak-early-childhood-center	Children age 3 to 5	Chung Pak provides opportunities for children to develop their own interests and aptitudes through a variety of hands-on activities. The curriculum also includes multicultural activities that promote appreciation of all cultures.
Chinese-American	Confucius Plaza SADCC - P.S. 124	Children in kindergarten to fifth graders	an after-school program that provides a multilingual and multicultural curriculum to help children develop

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Planning Council - Child Care	40 Division Street New York, NY 10002 (212) 925-4325 (212) 925-4325 https://cpc-nyc.org/programs/school-age-child-care-services/confucius-plaza-saccc-ps-124		intellectually, socially and physically. This program offers tutoring, multicultural, recreational, artistic and community service programs to fully engage youth participants.
Chinese-American Planning Council - Youth Care	165 Eldridge Street New York, NY 10002 (212)-941-0920 https://cpc-nyc.org/programs/youth-services/compass-nyc-franklin-d-roosevelt-hs	Youths	The Youth Services Division provides dynamic educational, vocational, and recreational programs for New York City youth and young adults.
Chinese-American Planning Council - Child Care	Garment Industry Early Childhood Center 115 Chrystie Street, 2nd Floor New York, NY 10002 (212) 219-2286 http://childcarecenter.us/provider_detail/garment_industry_day_care_center_new_york_ny	Children age 2 to 5	This program is one of the few day care centers in Manhattan that offer an Infant/Toddler Program and a Pre-School Program and provides readiness skills so children are prepared when entering kindergarten and first grade.

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Chinese-American Planning Council - Child Care	<p>Jacob Riis Child Care Center 108 Avenue D New York, NY 10009</p> <p>(212) 533-9138</p> <p>https://cpc-nyc.org/programs/early-childhood-services/jacob-riis-early-childhood-center</p>	<p>Infants from ages 6 months to young children up to 5 years old</p>	<p>The Jacob Riis Early Childhood Center prepares children to succeed socially, emotionally, cognitively and physically through use of the Creative Curriculum, and all best practices included in NYS and City requirements for early childcare services.</p>
Chinese-American Planning Council - Child Care	<p>Little Star of Broome Street 131-151 Broome Street New York, NY 10002 (212) 673-2680</p> <p>(212) 673-2681</p> <p>Pre-school: Monday - Friday 8:00 AM to 6:00 PM</p> <p>School-age: Monday - Friday 3:00 PM to 6:00 PM</p> <p>Holidays & summer: 8:00 AM to 6:00 PM</p> <p>https://cpc-nyc.org/programs/early-childhood-services/little-star-broome-day-care</p>	<p>All children</p>	<p>Little Star of Broome Street Early Childhood Center mission is to provide a quality education program in a safe and nurturing environment for all children, regardless of their family's financial background and to inspire, educate and involve families in all domains of their child's learning: social emotional, physical, nutritional, cognitive and language development.</p>
Chinese-American Planning Council - Child Care	<p>Pike Street SADCC - P.S. 2 122 Henry Street, Room 109 New York, NY 10002</p> <p>(646) 532-1244</p> <p>Program contact: Linda Lew</p>		<p>The Pike Street School-Age Child Care Center's after-school program at P.S. 2 offers a daily schedule that includes a healthy snack, homework help, small group academic tutoring as needed and physical exercise. Theme-based enrichment workshops are held twice a week and incorporate hands-on activities to stimulate the interest of children in the fields of science, technology, engineering and math (STEM).</p>

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
	https://cpc-nyc.org/programs/school-age-child-care-services/pike-street-saccc-ps-2		
<p>Chinese-American Planning Council - Child Care</p>	<p>Queens Day Care - P.S. 20 142-30 Barclay Avenue Flushing, NY 11355</p> <p>(718) 358-8899 x.720 School Location (after 2:30pm): (718) 358-8899 (718) 358-7602 Program contact: Lois Lee</p> <p>https://cpc-nyc.org/programs/school-age-child-care-services-cpc-queens-branch/queens-saccc-ps-20</p>	<p>Elementary school-age children</p>	<p>CPC pioneers thematic project-based SPICCE learning (the social, physical, intellectual, creative, cultural and emotional development of the whole child).</p>
<p>Chinese-American Planning Council - Project Gateway - College Counseling and Resource Center</p>	<p>150 Elizabeth Street New York, NY 10012</p> <p>(212) 941-0920 x145 ;Program contact: Lauren Yu</p> <p>https://cpc-nyc.org/programs/youth-services/project-gateway-college-counseling-center</p>	<p>Students</p>	<p>The Project Gateway College Counseling Center helps students achieve their higher education goals by providing free individual college counseling, education, school visits and early college awareness workshops essential to a successful college application process. Students range from recent immigrants who speak very little English to second generation immigrants attending prestigious high schools.</p>
<p>Chinese-American Planning</p>	<p>Beacon - IS 220 4812 9th Avenue Brooklyn, NY 11220</p>	<p>Youth ages 6 and over and adults</p>	<p>The Center's goal is to provide services to the influx of diverse populations in the surrounding area by creating an atmosphere that promotes cultural</p>

AGENCY	CONTACT INFORMATION	POPULATION SERVED	DESCRIPTION
Council - Youth Services	<p>(718) 431-2320 Director: Xiu Mei (Mimi) Zhu Program contact: Fatima Balancier Monday - Friday: 1:00 PM.-9:00 PM Saturdays 10:00 AM-4:00 PM</p> <p>https://cpc-nyc.org/programs/youth-services-cpc-brooklyn-branch/beacon-is220</p>		<p>awareness, inclusiveness and self-sufficiency, while keeping the community CPC's number one priority. Include: Summer Camp, after-school Services,ESL Classes, recreational and arts activities, Teen Leadership and Community Service Initiatives</p>
Hamilton-Madison House	<p>Music School, Immigrant & Community Services, Smith Naturally Occuring Retirement Community (NORC) 50 Madison Street, New York, NY 10038</p> <p>(212) 349-3724</p>	Children age 4.5 to adults	<p>The Music School provides accessible and affordable music lessons in violin, piano, viola, guitar, and steelpan for children starting at age 4.5 and for adults and offers music instruction to students with special needs on a case by case basis after an interview with the Music School Director. Classes take place on Saturdays and select evenings during the school year. One month summer intensive lessons are offered to select students.</p> <p>Immigrant Services legal assistance, health screenings, financial counseling, case- management services to help local residents negotiate the complex and bureaucratic system of accessing benefits; application assistance and advocacy, walk-in services including translation services and completing forms, information and referral to legal, housing and other social services, public education workshops and adult ESL and computer classes.</p>
University Settlement	Houston St. Center 273 Bowery New York, NY 10002	Children age 4 to 12, Teens/ Young Adults age 15 to 25 with a wide	Houston Street Center is a unique neighborhood resource that offers programs for all members of the family, including free after school and summer programming for middle school youth (STRIDE), a

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	(212) 475-5008 houstonstreetcenter@universitysettlement.org http://hsc.universitysettlement.org/hsc/	range of special needs, and adults over age 50.	health and wellness program for seniors (SENIOR HEART), programming for children and young adults with special needs (EXCEL), and swim instruction for childrens ages 4-11 (SWIM 'N KIDS).
University Settlement - Other Branches	P.S. 63 121 E 3rd St New York, NY 10009 (212) 674-3180 Monday - Friday from September to June PS63@gmail.com http://www.staracademyp63.com/	Pre K to 5th grade	Pre-K for All gives children stronger math and reading skills in elementary school and a better chance at success in life. Programs build on the strengths and diverse backgrounds that children and families bring to the classroom to support all learners in gaining foundations for success in school, at home, and in life. Speech Therapy, Physical Therapy, Occupational Therapy, Guidance Counseling, English as a New Language, and family support service are offered on-site during the school day.
University Settlement - Other Branches	Early Childhood Center 184 Eldridge Street New York, NY 10002 (212) 453-4584 ecc@universitysettlement.org https://www.universitysettlement.org/us/programs/early_childhood/early_childhood_center/	Families with children age 3 to 5	University Settlement offers low-income parents high-quality early childhood programs and provides literacy and math curriculums, small classes and multi-lingual teachers.
University Settlement - Other Branches	Summer Day Camp 175 Eldridge Street New York, NY 10002 (212) 475-7160 info@universitysettlement.org http://www.universitysettlement.org/us/programs/youth/summer_camp/	Elementary-school aged youths **Houston Street Center also offers Summer Camp for High School students**	Every summer, University Settlement operates five dynamic Summer Camps for elementary-age children who would otherwise have few opportunities for a meaningful summer vacation. These dynamic and fun-filled day camps integrate a diverse on-site program that includes academics, arts and athletics, with a full itinerary of field trips that allows children to experience the tremendous resources that New York City has to offer.

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			<p>All of the programs are carefully constructed to respond to the specific developmental needs of children as they move through their elementary years. Many of the campers attend our After-School Programs during the school year, allowing for continuity of both staff and content.</p> <p>There are several campuses for University Settlement Summer Camp located throughout Manhattan and Brooklyn.</p>
YWCA of Queens	<p>42-07 Parsons Boulevard Flushing, NY 11355</p> <p>(718) 353-4553 Monday - Friday 9:00 AM - 5:00 PM</p> <p>info@ywcaqueens.org www.ywcaqueens.org</p>	All	<p>The YWCA of Queens serves a broad range of participants, from toddlers to senior citizens. It offers multi-generational and crosscultural programs including:</p> <ul style="list-style-type: none"> • Free afterschool programs for elementary and middle school children • Job training & job readiness • Recreational and educational activities for seniors, including smartphone classes • Various levels of ESOL classes for youth, adults, and senior citizens. • High School Equivalency classes for ages 17 and up <p>Social services include:</p> <ul style="list-style-type: none"> • Informational and referral assistance for job training, legal consultation, and more • Case management and healthcare services to assist with SNAP, NYCHA, and other applications
University Settlement - Other Branches	<p>Excel Program Houston Street Center 273 Bowery New York, NY 10002</p> <p>(212) 475-5008</p>	Children age 3 to Young Adulthood	<p>The EXCEL program provides fun, engaging and recreational services for children, teens and young adults with Special Needs. EXCEL includes instruction in swim, baking, art, drama, computers & technology, career development and healthy expression.</p>

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	houstonstreetcenter@universitysettlement.org http://hsc.universitysettlement.org/hsc/what/programs_for_the_special_needs_c/		Enrollment fees vary. Discount given when you enroll in three courses or more. Sibling discount and additional scholarships are available.
University Settlement - Other Branches	The Beacon Program East Side Community High School 420 East 12th Street (212) 598-4533 vleventhal@universitysettlement.org https://www.universitysettlement.org/us/programs/youth/beacon/	Middle and high school students	The Beacon Program offers summer camp and after-school activities for middle school and high school students. Youth can participate in the following activities throughout the year: <ul style="list-style-type: none"> • Homework help & tutoring • City-Wide Champion Soccer Program • Football, cheerleading, track & field • Skateboarding • Visual & Performing Arts • Music Lessons (including guitar) • Award-winning Chess Program • Field Trips Through the Beacon's internship and leadership opportunities, young people were employed over the summer, many of whom retained their jobs for the school year. Our summer program also allows participants to focus on a particular skill or hobby of their choice so they can develop it to a higher level. All Beacon services are free of charge.